## **Quarantine application — INTERZONE**

	Van Holmgren			
	van.holmgren@gmail.com			
	9304 NW 62nd Ave			
	Des Moines			
	United States			
	5155089097			
	https://vanholmgren.wixsite.com/vanimalfarm			
1□ Top mentor choice	Ken H. Hashimoto and Jennifer Rizzo			
2□ Second choice	Phil Hale			
3□ Third choice	Henrik Uldalen			
☐ Another option that might interest you	Eloy Morales			
Introduce yourself	My name is Van. I've been a full-time artist for over 13 years in Des Moines, Iowa. I work with found wood/objects, spray paint, stencils, sculpture, and I paint murals.			
Do you have a project in mind at this time?	No specific one at the moment. I have many ideas with performance art or installations.			

Tell us why you want to join Quarantine	I've pushed myself to create art in a city that says they value the arts with about 1 or 2 galleries. I've always made my own shows happen. I'd like to explore bigger things and bring my better ideas to the forefront. Wanting to bring out my best self and to create work that is articulate and unapologetic.
Briefly describe your Artistic and Creative difficulties	I am often left with having to create work that is basically me trying to survive and continue my artistic life by paying rent and basic necessities. I want to spread my wings and become the artist I am meant to be. I have so many multimedia artistic ideas but no good way to produce or present them.
What are your inner demons?	Stagnation , Block
Anything else you want us to know?	
Fluency in English	Poet
VI have read the Quarantine <a href="https://www.qu arantine.events/interz one-quarantine-ment oring-program-2024"> "INTERZONE" program</a> and understand the basic concept and format of the event, and I am aware that only a very small number of applicants are selected and I wish to apply.	