

SHOCKING!



Supply List

TEARS IN RAIN

Experiment #6: “Tears in Rain” – Spring Edition 2026

Quarantine days: You’ll get quarantined 12+ hours per day, 7 days, on a private island.

Quarantine dates: April 13th-19th, 2026

Mentors: Yulia Bas, Phil Hale, Adam Miller, Sean Layh, Mu Pan, Yuko Shimizu, and Martin Wittfooth.

Participants: 63.

Location: Lazaretto Island, Maó, Menorca (Spain)

Language: English

Technical requirements: basic painting (oil, acrylic, etc.) and drawing skills.

Included

7-day quarantine

lunch & dinner

snacks

daily ferry boat

fees & taxes

wine, beer & beverages

NOT included

lodging & breakfast

plane tickets

mixed drinks

Bear in mind that this supplies list is **illustrative**, ball-park if you will, merely a guide...

Don't stress out. Bring much of what we suggest, more of what you love using and less of what you don't.

No need to go overboard... and perfection doesn't exist.

Everything SHOULD fit in one checked suitcase with your other stuff.

Now get to it.

We trust you.



Checklist

Most important (mandatory)

Drawing

- Sketchbook
- Some assorted papers
- Your drawing tools
- Clips, tape and stuff

Painting

- 24-36 substrates
- Additional painting pad with 10-12 sheets in it
- Your painting equipment
- A healthy variety of brushes
- Palette + a dipper with a lid
- Palette knives

Recommended (not mandatory)

- Raincoat
- Hat
- Sunscreen
- Bug repellent

Your call (optional)

- Roll of canvas to be cut as needed
- Photo Camera
- Ol' Fashioned Watch
- Varied assortment of tools
- Latex gloves
- ???

* Carefully read these detailed instructions on **how to travel with oil paints**.



Drawing stuff

Sketchbook, papers and drawing utensils

Bring whatever works best for you, keeping in mind that our sketching boards are 45x60cm/18x23”.

- + A sketchbook is a **MUST**.
- + Bring some assorted papers too, if you want.
- + Basic drawing and writing tools: pencils, charcoal, pens, erasers, inks, sharpening blades, etc.
- + Don't forget the clips and masking tape!



Painting Substrates



Use lightweight, pre-primed surfaces: paper or canvas works best
Boards are fine, but they are heavier to carry.

How many to bring:

- + **Standard:** Bring about 24 surfaces.
- + **If you paint a lot** (doing almost every challenge with paint): Bring up to 36 surfaces.
- + **If you mostly draw:** 24 is enough, and you can even bring fewer painting surfaces.

Highly recommended surfaces

- + **A3 oil/acrylic paper pads:** They're the best option—light, easy to carry, you can cut them to size and use both sides.
- + **Primed canvas:** Bring a roll if you want. You can cut it into any size you like. We have boards to hold the pieces. Our boards are 45×60 cm (18×23").

Just in case...

Bring one extra oil/acrylic painting pad with 10–12 sheets. It's for when you end up painting more than you thought.

Painting Surfaces – Quick Guide for Dummies

How much you paint	Minimum surfaces	Maximum surfaces
<i>Painting a little</i>	18	24
<i>Average</i>	24	30
<i>Painting a lot</i>	+30	+36

Painting stuff

Preferred Medium

Oil paint is highly recommended because it's the most versatile.

Acrylic and gouache are welcome, but oil paint will work best for most challenges.

Colors

Bring at least six colors. We don't require a specific palette — bring your own. For versatility: include primaries plus the colors you like best.

Mediums

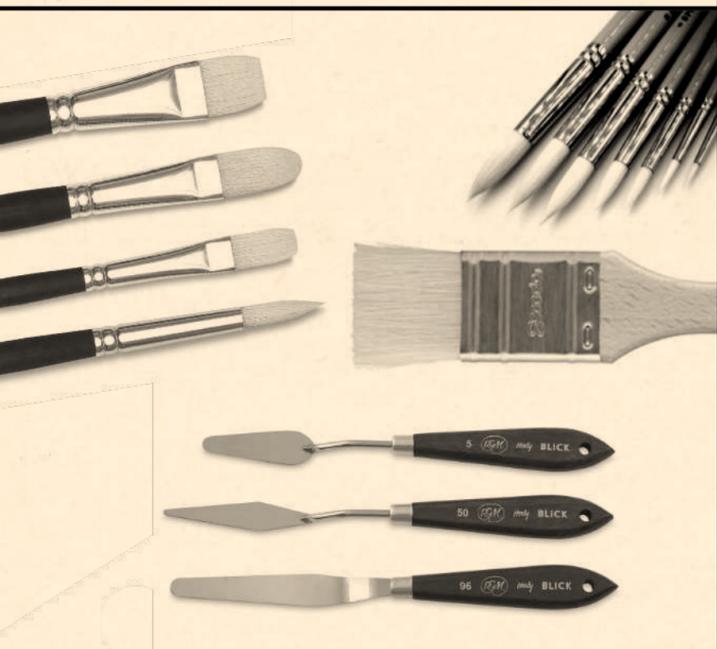
If you use mediums, bring your own Cold-pressed linseed oil, Refined linseed oil, Liquin, or whatever you prefer.

Brushes

- ✦ As far as brushes, a healthy variety is best! Soft and hard bristles (be it natural or synthetic) of different shapes (flats, filberts, rounds) and various sizes!
- ✦ Bring palette knives as well.

In addition, you will need

- ✦ Palette -wooden or disposable- (mandatory)
- ✦ A dipper with a lid (recommended, not mandatory)
- ✦ Latex gloves (not mandatory)





NOT MANDATORY

but recommended stuff

October weather in Menorca is all over the place. We suggest packing a raincoat, a hat, some sunscreen, and bug repellent.

+ **Raincoat**

+ **Hat**

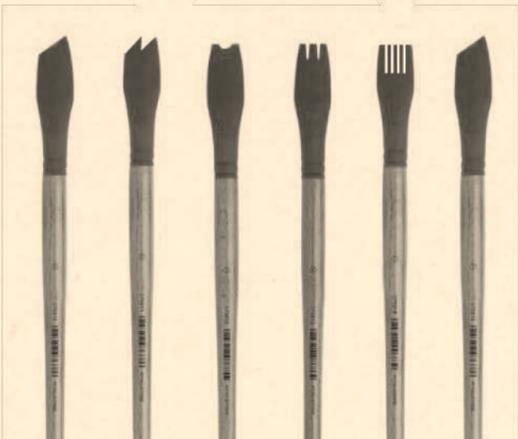
+ **Sunscreen**

+ **Bug repellent**

+ **Photo Camera:** you'll want to take photos, but you won't have your phone on you. Not to be used to document the event. NO SPOILERS!

+ **Watch (NOT smartwatch):** To check the time since you won't have your phone.

+ **Painting tools:** Bring any extra tools you like — rollers, spatulas, sponges, etc.

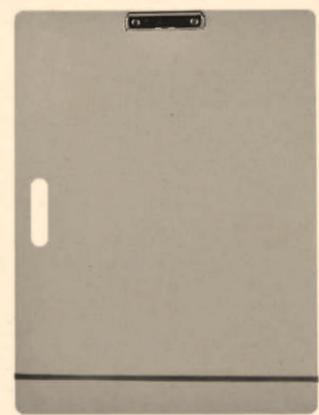


Do **NOT** bring this

This is the list of materials we provide. These are the materials that you should **NOT** bring. If you have any questions about materials, let us know.



Easel



Sketch board 45x60cm/18x23"



Brush washer



Gamsol



Paper towels



Charcoal fixative

Schedule

Ferry — from 8:00 am to 8:45 am

1st act — 9:00 am to 1:00 pm

Lunch break — 1:00 am to 2:30 pm

2nd act — 2:30 pm to 7:15 pm (aprox.)

Dinner break — 7:15 pm

Soirée — Until 9:30 pm

The schedule is not what matters

We have a planned schedule, but it may change to fit the activities. The only thing that really matters: **be at the Calesfonts pier on time every morning so you don't miss the boat.**

Meal times

Believe me, it's not easy to set a meal schedule that suits everyone: what is an early lunch for a Spaniard is a late lunch for a Brit. We set a balanced schedule so everyone makes only a small adjustment, no matter where you come from.



Daily ferry boat

From [Calesfonts](#) pier to [Lazaretto Island](#).

What's nearby

- + [Calesfonts](#) – 10 min by ferry from Lazaretto
- + [Port of Maó](#) – 10 min drive from Calesfonts
- + [Fort Marlborough](#) – 10 min drive from Calesfonts
[Purchase ticket](#)
- + [Hauser & Wirth gallery](#) – The ferry departs from [Moll de Llevant 61](#) in Maó, and takes 15 minutes. [Book your ferry here](#)

Learn more about Lazaretto

- + [Facilities](#)
- + [History](#)



How to get to the Calesfonts pier?

Carrer Moll de
Calesfonts, 6

07720, Es Castell. Menorca



[Google Maps](#)

13 min. from the Maó
Airport by car (8.1km)

Plan your trip

VERY important

- ✦ **Documents** – Bring ID or passport, credit card, and some cash (in euros).
- ✦ **Materials** – Bring everything you need for painting. Menorca has only a couple of art shops, and they may not have what you need.
- ✦ **No phones** – **Phones stay at the hotel — strictly no exceptions.**
- ✦ **Hotel (with or without breakfast)** – Stay near Calesfonts pier. We'll give you good hotel options at fair prices.
- ✦ **Outdoor activities** – Pack comfortable shoes, layers, and a raincoat for outdoor sessions.

Anything else?

- ✦ **Allergies** – Tell us about any allergies or severe intolerances in advance so our cook can prepare alternatives.
- ✦ **We cannot handle personal food preferences** — only medical needs.

Where to spend the night

Accommodation

- + **Daytime:** All activities happen at the Lazaretto.
- + **Nighttime:** You'll sleep on the mainland.

We recommend hotels near the Calesfonts ferry pier so you can easily catch the boat each morning.

Ask about special Quarantine Promo Codes.

- + [Artiem Carlos Hotel](#) (9 minute walk to the pier)
- + [Pardela Menorca](#) (4 minute walk to the pier)
- + [Hotel Victori](#) (6 minute walk to the pier)
- + [Hotel Son Vilar](#) (15 minute walk to the pier)

The pier is located in the charming port of [Calesfonts](#), In the town of Es Castell, just beside Maó.

Useful information

Airport

Maó (Menorca) Usual regular flight connections: Barcelona/Madrid/Palma/etc.

Weather

Average April temp
Max. 19°C, min 12°C

Occasional wind and rain. The weather changes quickly and can be unpredictable.

Menorca Info

[Download PDFs from Fundació Destí](#) for maps, guides, food, routes, and more.

Taxi

(+34)971.482.222
(+34)971.367.111

Currency

The currency in Spain is the euro. You can make payments using cash or credit/debit cards.

Electricity

220/230 volts at a frequency of 50 hertz.
Sockets comply with European standards.

Water

Tap water is drinkable, but we highly recommend you drink bottled water.

Pharmacy

Farmàcia Teresa
Hernández Jansà

Carrer Gran, 32j
07720, Es Castell

Mon-Sat 8:30 am –
8:30 pm [Get directions](#)

Medical centre

Carrer Sant Josep, 5,
07720, Es Castell

[Get directions](#)

Studio rules

I. Etiquette

A. If you arrive late, please enter quietly and do not disrupt the class.

B. Don't comment on others' work unless so requested.

C. Please refrain from personal discussions. Disrupting class due to disagreement between two students is ill advised, and chattering is not allowed during work time.

D. Smoking and vaping in the studio, conference room and classrooms is prohibited. There are reserved smoking areas.

E. **Mobile devices are strictly prohibited.**

II. Models

A. Please refrain from talking to the models while they are posing.

B. Photography and video are not allowed without the express permission of the model.

C. Never touch the model or correct the model's pose.

III. Workspace

A. Be considerate with your workspace to accommodate fellow students.

B. Solvent, easels, and fixative are included. Gamsol and linseed oil are the only solvents allowed.

C. All artists are required to keep their work area clean. Please clean up your work area and properly dispose of your waste after class.

D. Keep the coffee table clean and leave things in their place.

E. Don't leave empty cardboard cups on the floor, always use the bin.

F. Don't put liquids in the bin, please use the bathroom sink.

**Lazaretto is a
state of
Mind**



QUARANTINE

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WELCOME TO THE LAZARETTO