

一日德明人，一生德明情

# D'Journal

AUG '24

DUNMAN HIGH SCHOOL ALUMNI

Vol. 1



## EVENTS CALENDAR

### AUG

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

28 Aug - Teacher's Day Dinner

31 Aug - Six Generations, One School

### SEP

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

### OCT

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

12 Oct - DHS Health Talk on Colorectal Cancer

# WHAT'S UPCOMING?

28 Aug

## TEACHER'S DAY DINNER *(Event by invitation only)*



Dunman High's teachers and staff will come together for an evening of good food, fun and games in celebration of their contributions and hard work.

DHSA and DHSYA's representatives will also be at the dinner to celebrate this occasion.

31 Aug

## SIX GENERATIONS, ONE SCHOOL: CALLING ALL 1964 / 1974 / 1984 / 1994 / 2004 / 2014 GRADUATES!



**Time:** 9.30am - 3pm

**Location:** Dunman High School

Alumni from the classes of 1964, 1974, 1984, 1994, 2004 and 2014 will gather together in DHS to celebrate their round anniversaries together! A day of catching up over food, reunion with friends and meeting new people is bound to be an unforgettable one.

Signup: <https://tinyurl.com/6genreunion>

12 Oct

## DHSA HEALTH TALK ON COLORECTAL CANCER



**Time:** 9.30am - 12.30pm

**Location:**

Dunman High School

Colorectal Cancer is a significant health issue affecting millions worldwide, and early detection and prevention

are key to improving outcomes. Our speaker will share valuable insights on risk factors, screening methods, symptoms, and the latest advancements in treatment. We are excited to invite you to an enlightening and crucial health talk on Colorectal Cancer. This event aims to raise awareness about one of the most common and preventable types of cancer.

Signup: <https://bit.ly/DHSAAlumniColorectalCancerTalk2024>

Why attend?

- Gain a deeper understanding of Colorectal cancer
- Learn about the importance of early screening and prevention
- Have your questions answered by an expert in the field
- Connect with fellow alumni and support each other in health and well-being

# MONTHLY RECAP

Catching up on the latest happenings

6 Jul

## BE A SAMARITAN: SUICIDE- PREVENTION WORKSHOP (conducted by SOS)



The two-part Be a Samaritan workshop was successfully conducted, equipping participants with vital skills to be a first responder to anyone facing a suicide crisis. Participants were trained to engage and encourage distressed individuals to seek help and providing them with emotional support in an empathetic manner.

13 Jul

## DHS ALUMNI YONG PENG & KULAI DURIAN DAY TOUR



The group of Dunmanians embarked on an exciting itinerary, with highlights including fruit farm visit and fruit sampling, visiting local places of interests and digging in to a delicious chinese cuisine at dinnertime. The main event of this trip was definitely the durian buffet, where participants got to feast on the freshest durians straight from the farm! Feeling FOMO? You can always sign up for the next one when it comes around!

19 Jul

## DHSYA NETWORKING DINNER



In July, over 240 students and current alumni from almost 20 batches of Dunmanians got together in our 2nd ever DHSYA industry-based networking dinner. Students got to learn more about university life and career opportunities from DHS alumni, professionals from a wide range of positions and fields. It also served as a great way for alumni to catch up with their old friends and relive good memories at DHS under the Dunmanian spirit.

20 Jul

## STROKE PREVENTION THROUGH TCM TALK

《中风的中医药防治》



About 40 people gathered at the school's BSP Room on a Saturday morning to attend the talk on TCM's Stroke Prevention, in spite of a global outage the previous day that caused some participants to be absent due to emergency work requirements. The speaker, Dr Aw Yong Keong Poh, is a Senior Attending Physician from the Singapore Thong Chai Medical Institution and a veteran in stroke treatment. Dr Aw Yong shared on the causes, symptoms and prevention of stroke, and some physio and food therapy for stroke patients.

20 Jul

## MIT ADMISSIONS TALK



Massachusetts Institute of Technology (MIT) Information Session

On July 27, 2024, the MIT Educational Council Singapore Region, MIT Club of Singapore, and Junior Achievement Singapore hosted an information session at Dunman High School's Performance Arts Centre. Mr Yi Tso, Director of the MIT Educational Council and MIT alumnus, spoke at the event, marking the first public appearance of an MIT admissions officer in Singapore. Mr Will Hoon provided introductory remarks. The session, attended by students from grades 9 to 12, guidance counselors, and parents, covered MIT's application requirements, including the need for academic and extracurricular records from grades 9 to 12.

# ALUMNI SPOTLIGHT

Join us each month as we celebrate the outstanding achievements of DHS alumni who have excelled in their fields. Let's honour their success and share their inspiring journeys with the DHSYA community.



Ms Yeo Pei Shan, a alumna of Dunman High School (Class of 2013), is currently a Sustainability Analyst at Schneider Electric.

Renowned for her pioneering work in addressing Singapore's food waste challenge, Pei Shan is a co-founder of UglyFood and the founder of Food Warrior. Her initiatives focus on rescuing and repurposing imperfect produce, dispelling the myth that appearance equates to quality.

## THIS MONTH'S FEATURED

# MS YEO PEI SHAN

CLASS OF 2013

SUSTAINABILITY ANALYST AT SCHNEIDER ELECTRIC

A dedicated advocate for sustainability education, she has conducted numerous programmes and mentored student groups in combating food waste. She has been recognised by her work by Eco-Business as their Eco-Business Youth A-List 2020, and featured on various media such as Channel 8, CNA, The Straits Times and more.

Pei Shan's commitment to developing young talent is evident in her roles as Vice President (2021-2023) and Director of Human Resources and Internal Welfare (2023-2024) of the

Dunman High School Youth Alumni (DHSYA).

Her initiatives include crafting an induction workshop for new alumni joining DHSYA and spearheading the tutoring programme, where alumni volunteer as mentors to prepare Year 6 students for A-Level examinations.

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Dunman High School Youth Alumni (DHSYA)



Dunman High School Alumni (Official FB Group)