

YEAR 3

WE ARE ALONG SIDERS

DISCIPLESHIP
TRAINING
MANUAL

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TRAINING
MANUAL

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First Printing, 2017

Alongsiders International
alongsiders.org

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My Name: _____

My Little Brother or Sister's Name: _____

My Group Leader's Name: _____

Our monthly meeting time: _____

My phone number: _____

My pastor's phone number: _____

My Alongsider Coordinator's phone number: _____

Child Helpline phone number: _____

BEFORE YOU START...

GOALS FOR THIS YEAR



Annual Check Up

(complete this section at your first Orientation Training Session)

(1) Why do you want to be an Alongsider?

(2) Why did you choose your Little Brother or Sister (LBS)?

(3) How will completing this Training Manual make you a better Alongsider?

(4) What would you like to learn this year?

(5) What do you want your Little Brother or Sister to learn?

(6) What are your hopes for your community and how does being an Alongsider help you achieve those hopes?

(7) What are your goals for this year as an Alongsider? How will you achieve them?

Goal #1 _____

How? _____

Goal #2 _____

How? _____

Goal #3 _____

How? _____



Prizes

These are the prizes you can unlock at each stage of becoming an Alongsider...



REWARD

An Alongsider Wristband

HOW TO GET IT:
Become an Alongsider



REWARD

Group/Pairs Photo

HOW TO GET IT:
Start a new Alongsiders group (group goal)



REWARD

Year 1: Certificate (GULL)
Year 2: Alongsiders Diploma
Year 3: Bachelor's Degree

HOW TO GET IT:
See Appendix 6 for more info about **Global University of Lifelong Learning (GULL)** qualifications



REWARD

Alongsiders Baseball Cap or Polo Shirt

HOW TO GET IT:
Your little brother or sister becomes an Alongsider at age 16

Servant Leadership

Lesson Summary

1. Jesus modelled Servant Leadership for us by leading with a servant heart.
2. As we receive wisdom from Jesus, He builds a servant heart in us.
3. In order to grow as servant leaders, we have to practice our serving skills and train our servant hearts.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #19 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

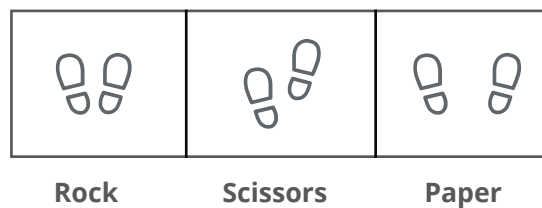
(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. Ice breaker (Theme = Feet)
 - a. Let's decorate each other's feet. With a pen or marker, write your name on each others' feet. Someone set a timer for 2 minutes. See how many names you can collect on your feet.
 - b. We will play Rock, Paper, Scissors with your feet. Two teams line up and face each other. The first two members play against each other. The winner stays, the loser runs to the back of the line, the winner now plays against the 2nd player, so on and so forth. The game ends when all team members of one of the teams have lost.



3. Read together **John 13:12-20** – the story of Jesus washing the disciples' feet.

What is the significance of Jesus washing the disciples' feet?

What would be an equivalent action in your culture?

What did you learn about Jesus (His leadership, attitude, purpose, etc) through this action?

What is God teaching or challenging you as you think about following in Jesus' footsteps?

4. Wash each others' feet in a way that comes natural to you in your culture. (For example, in a bucket of water, with wet towels, at a washing area outside, etc.)
5. Share and pray for one another.
 - a. For each others' LBS.
 - b. For each other (share how you are doing).



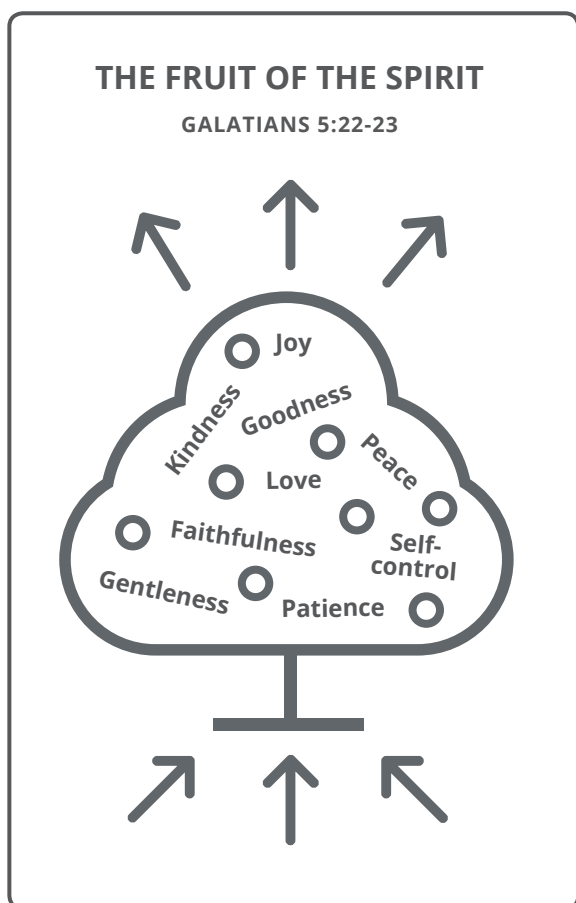
For Further Learning

(with the group or by yourselves during the month. There are 11 learning sections this month, so plan ahead if you want to learn well)

1. In Matthew 20:28, we read that Jesus came not to be served but to serve. Serving others was His purpose for coming to live among His people. He taught that if you want to become a leader, you must serve others. If you, as Alongsiders, want to have influence in the lives of your little brothers/sisters and others around you, you can learn about the heart of serving from Jesus.

What kind of authority do you think servant leaders have? Leaders normally carry authority associated with power. Remember in Lesson 13 we learned about Jesus' authority. His authority was all about blessing others. Thus, the authority of servant leadership puts aside personal needs and wants to serve others. If you are leaders with Jesus' authority, your leadership is about blessing other people by serving.

This month you will train to become a better servant leader. Serving is action. And the act of serving flows out of a servant heart. To grow as a servant leader it takes practice. It takes practice in action AND training of your heart. First, let's look at the 'Servant Leader Tree' below.



Step 1. Receive from Jesus the water/nutrients of the Fruit of the Spirit. Allow Jesus to 'serve' you with kindness, gentleness, faithfulness, patience, joy, goodness, self control, peace and love (Galatians 5:22-23).

Step 2. Servant leaders develop a servant heart - a heart full of the Fruit of the Spirit.

Step 3. The act of serving comes out of a heart which is full of the Fruit of the Spirit. Servant leaders serve others with kindness, gentleness, faithfulness, patience, joy, goodness, self control, peace and love.

a. Divide into groups of 3-4 people. Let's review how Jesus served people. Together, discuss how Jesus served with kindness, gentleness, faithfulness, patience, joy, goodness, self control, peace and love. For each fruit of the spirit, write an example of servant leadership Jesus displayed out of that fruit. Don't worry if you don't understand the meaning of the fruits well. We will look at each one later.

<i>Fruit</i>	<i>How did Jesus serve?</i>
Kindness	Jesus healed the soldier's ear out of kindness, even when He was about to be killed
Gentleness	
Faithfulness	
Patience	
Joy	
Goodness	
Self control	
Peace	
Love	

b. How has Jesus served you? Share with the group your story of a time when Jesus served you.

2. Why do we serve others? Maybe you know Christian leaders who tirelessly serve. Do you think they serve because they are paid to do so? Or it is the right thing to do? Or they want to become a better person? Or Jesus commanded them to do so? Or they want recognition? Or they purely care about the people they are serving? The reality is probably a mixture of all of those motives. And that's ok. No one is perfect with the reasons they serve or even how they serve. We continue to learn about and grow in serving one another. We continue to receive from Jesus and learn from Jesus how to live as servant leaders.

Just as athletes train hard to improve their performance, servant leadership takes practice and training of the skills and heart. How well do we serve with the fruits of the Spirit? Some actions come naturally to us. Some require life-long practice.

Let's take a careful look at each essence of a servant heart and begin our servant leadership training!

Turn to Appendix 2. Read the description of each Fruit of the Spirit. Reflect on the questions, write about them, draw your thoughts/feelings, talk about them and act on them. Prepare a notebook or receive paper from your group leader so you can write/draw your reflection and keep them together.

Each reflection and action will take some time. Plan your month so you can give each reflection adequate time.



Application

Choose one of the Fruits of the Spirit and ask God to help you regularly show this to your little brother or sister throughout this month.

Spiritual Gifts

Lesson Summary

1. God uses His people to build/extend His Kingdom, as servant leaders representing Christ.
2. God empowers us with Spiritual Gifts that we use to equip one another to better represent Christ in the world.
3. God gives children Spiritual Gifts, too. He empowers children to build and extend His Kingdom.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #20 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. On a white board or a big piece of paper, draw a picture of a big stone wall (like the picture on the Activity page in the comic book). Read the comic story again by yourself. What would you have done to fix the wall, if you were one of the characters? Write your name and action in one of the stones.
3. In the context of working together, to serve one another, what do you think your spiritual gift may be? Discuss in pairs. Add your spiritual gift in your stone.
4. What is God teaching or challenging you about through today's lesson?
5. Share and pray for one another.
 1. For each others' LBS.
 2. For each other (share how you are doing).



For Further Learning

(with group or by yourselves during the month)

1. What are Spiritual Gifts? Gifts from God. Not a present packed in a box, but the work of the Holy Spirit through human actions. The Holy Spirit works through the Spiritual Gifts in our lives. As you teach, for example, the Gift of teaching is expressed. This is the work of the Holy Spirit rather than the performance of humans. The Greek word for 'spiritual gift' comes from the word "charis," which means GRACE. Through the Spiritual Gifts, you give/receive God's grace to/from one another (1 Peter 4:10). Grace comes from God (Eph 4:7). You can't earn God's grace, but you can receive it. When we use our Spiritual Gifts, we allow the Holy Spirit to give grace to others.

- a. (In pairs) What does it mean to 'give grace' to each other? Give an example of giving grace to another person.
- b. (Alone) How do we receive grace from God? Allow God to fill you with His grace. Spend time alone with God. Let God teach you, encourage you, give to you, help you, speak words of wisdom to you, lead you, give you verses, heal you, comfort you. Sing, read, write, draw, talk, listen, walk, share with another person... Simply receive what God has for you today. After some time, write about what you have received from God in your notebook.
- c. (In pairs) Share about a time when your little brother/sister received grace from God through you. Which gift did you use to offer that grace to your little brother/sister?

2. Spiritual Gifts

These are listed in Romans 12:3-8, 1 Corinthians 12:7-11, 28, Ephesians 4:11-13, and 1 Peter 4:7-11):

Romans 12:6-8	1 Corinthians 12:8-10	1 Corinthians 12:28	Ephesians 4:11	1 Peter 4:11
<ul style="list-style-type: none"> • Prophecy • Serving • Teaching • Exhortation (Encouragement) • Giving • Leadership • Mercy 	<ul style="list-style-type: none"> • Word of wisdom • Word of knowledge • Faith • Gifts of healings • Miracles • Prophecy • Distinguishing between spirits • Tongues • Interpretation of tongues 	<ul style="list-style-type: none"> • Apostle • Prophet • Teacher • Miracles • Kinds of healings • Helps • Administration • Tongues 	<ul style="list-style-type: none"> • Apostle • Prophet • Evangelist • Pastor • Teacher 	<ul style="list-style-type: none"> • Whoever speaks • Whoever serves

a. In a large group, look at each Spiritual gift, define each one together (see Appendix 3), ask the pastor/leaders if you don't understand them, and try to imagine how each gift works in real Christian life.

b. After reviewing all the gifts mentioned in the Bible, what do you think are your gifts?

c. In pairs, pray for one another. Pray that God will continue to give you grace each day, so you can then give grace to others.

3. The Purpose of Spiritual Gifts: Different gifts work together towards a common purpose (1 Corinthians 12:4-6), which is to 'build up' and 'encourage' the Body of Christ (Ephesians 4:16). These gifts are different from the fruits of the Spirit in Lesson 19 (our internal character). Spiritual Gifts are actions with a purpose to serve the Body of Christ. And as the Body of Christ works together, it represents Jesus to the world.

a. (In groups of 3-5) What are some roles in your local church that use Spiritual Gifts?

Who uses those Gifts? For example, pastoring (the pastor), teaching (Sunday school teachers), etc.

b. How do those roles 'build up and encourage' the Body of Christ? Fill in the table below:

a) Spiritual Gift	b) Who, Function	c) Purpose
Eg: Pastoring	The pastors. Care for the people, teach	People receive/grow in love and knowledge of Jesus

- c. Let's reflect on the comic lesson. How did the group of children 'represent Jesus' to the old man who was sick as they worked together?
- d. How is your team of Alongsiders 'representing Jesus' to your community?

4. Discovering our Spiritual Gifts is about working together: It is not all about finding what your gifts are, but about Jesus' Body caring for one another, working together, building and encouraging lives. Paul probably did not mention all the possible gifts. There are as many gifts as there are needs in the Body of Christ. If you are not sure what your gift is, don't worry. As you continue to receive grace from Jesus and experience serving one another, His Spirit will make it clear by which gifts He has given you.



Application

As a group of Alongsiders and little brothers/sisters, serve your community together using your Spiritual Gifts!

- Step 1:** Identify a need in your community your team can serve. E.g., picking up rubbish in your neighbourhood, visiting and serving a family in need, cleaning the church building, etc.
- Step 2:** Plan the event together. Divide up needed roles among yourselves according to your Spiritual Gifts and other needed work. Make sure your little brothers/sisters have work to contribute, too.
- Step 3:** Show your plan to your pastor and church leaders to get their permission, as well as community leaders, if needed.
- Step 4:** Pray and serve! May Jesus be seen and known as you work together for the sake of others.
- Step 5:** Gather as a group. Ask each other: How was the experience for you? What went well, what were the difficulties, how did you represent Jesus, were the goals accomplished, what did you learn about working together/your spiritual gifts/yourself? Good job!

****For a more in-depth explanation of the spiritual gifts outlined in Scripture, see Appendix 3, 'Spiritual Gifts' at the back of this workbook.****

I Need Encouragement

Lesson Summary

1. Encouragement is positive feedback that focuses especially on effort, improvement, and attitude, rather than results.
2. Encouragement strengthens relationships.
3. God's greatest encouragement for us is His presence: "I am with you always".



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #21 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. Divide up into 3 groups. Each group will create a skit about encouragement. Each skit will have a character who needs 'encouragement'. Create a story around the theme of encouragement, and work out ways to encourage the character in his/her Attitude, Improvement or Effort.
3. Group 1 will focus on encouraging Attitude, Group 2: Improvement, and Group 3: Effort
4. What is God teaching or challenging you about through today's lesson?
5. Share and pray for one another.
 1. For each others' LBS.
 2. For each other (share how you are doing).



For Further Learning

(with group or by yourselves during the month)

1. Words are powerful. It is important to be careful with your words. Words can encourage and build up people and friendships. At the same time, words can hurt people and break friendships. Once said, we can't take them back. It is said that the average person speaks 11,000,000 words a year. At the age of 65 it is 715,000,000 words. That is a lot of words! Imagine what kind of words you choose to speak. Your words can do good to many people you meet in a life time, but can bring harm to many others. We must use words wisely. Read **Proverbs 18:21**.
 - a. Why are the actions listed below harmful to others? In your own words, write down how each action can hurt others or harm relationships.

Gossip (Prov 16:28)	
Insults (Matt 5:44)	
Lies (Matt 5:37)	
Bad Language (Eph 4:29)	

- b. Have you been hurt by what others have said to you in the past? Have you hurt someone with words? Write your reflections in your notebook and then share in pairs.
- c. What are some things adults in your culture say to children that can hurt them? How/when do you praise or encourage children in your culture? Write your reflections in your notebook and then share in pairs.
- d. Think about how you use words throughout the day. How well or bad do you do? How do you use words in positive ways to others in a typical day? How would you like to change the way you use your words? Write your reflections in your notebook and then share in pairs.

2. Read **Philippians 1:3-11**. Underline words and phrases that are encouraging. Share in a group of 3-5.

"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy because of your partnership in the gospel from the first day until now, being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. It is right for me to feel this way about all of you, since I have you in my heart and, whether I am in chains or defending and confirming the gospel, all of you share in God's grace with me. God can testify how I long for all of you with the affection of Christ Jesus. And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ - to the glory and praise of God."

- b. In the same group, share about a time when someone encouraged you deeply.
- c. Words make a big difference. You want to use words wisely in order to encourage one another. Fill in the table below. How do think the actions listed below can bring encouragement to others?

Use helpful words, not attacking words	
Use truthful words, not lies	
Use clean words, not swearing	
Use clean words, not insults	
Be respectful of others, not gossip	

- d. Each person writes their name on one sheet of paper. Now hand the paper with your name to the person on the left. Now, write something encouraging about that person whose name you have received. Pass the paper to your left again and receive a new name. Do the same for the person on the new paper. Continue passing the names around the circle until you have written something for everyone.
- e. After you are all finished, spend some time reading what others wrote to you. What words brought encouragement to you?

3. Encouragement is more than words. Sometimes no words can console a grieving heart. What brings encouragement when words can't? Let's read **John 19:25-27**.

a. Here we see Jesus' mother, Mary, near the cross where her son hung. Jesus, who Himself was suffering the agony of the cross, did something to 'encourage' His mother. What brought Mary long-term encouragement, even though at that moment she probably didn't 'feel' encouraged?

b. How can someone's 'presence' or 'relationship' bring encouragement to you? Was there a person who was an encouragement to you in this way without even using words? Reflect on these questions, persons, experiences and write in your notebook.

c. Reflect on your journey with God. How has He been an encouragement to you? How has God's presence with you brought encouragement to you? Write your reflections in your notebook.

d. In pairs, pray for one another. Your faithful relationship with your little brothers/sisters is what brings encouragement to them, and of course your encouraging words/deeds, too. Pray for encouragement for yourselves, as you continue to walk with your little brother/sister.



Application

How can you encourage your little brother/sister this week? Be sure to share this encouragement with them.

Stop Fighting!

Lesson Summary

1. We hurt each other by hurting bodies and hurting feelings.
2. Hurt brings more hurt, and creates a cycle of violence.
3. Let's protect our children from the cycle of violence by practicing forgiveness and building peace.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #22 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

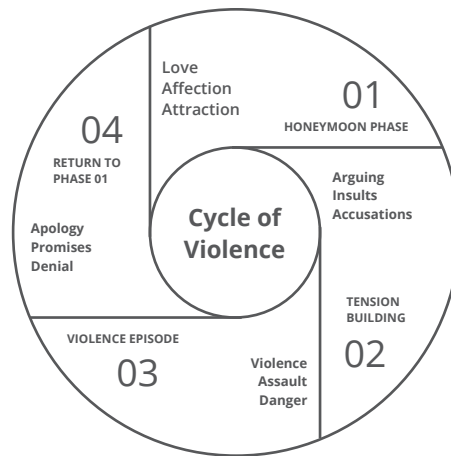
(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?

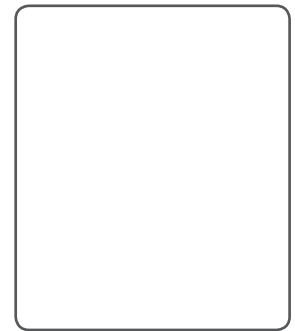
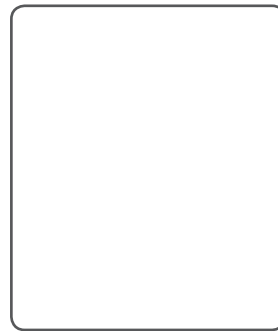
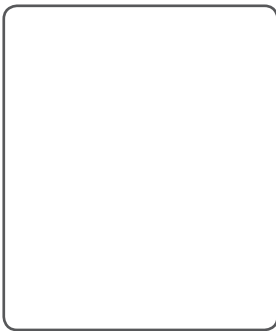


Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. Usually in an abusive relationship, the cycle of violence is repeated by those involved.



3. (In pairs) Take a careful look at the chart above. Have you experienced or seen this cycle in your life?
4. (Personally) Let's draw pictures of a family in each stage (01 to 04). Use your imagination and create a story of a family suffering from abuse. Share your drawings with the group.



5. At each stage, how can you and the church support the family? Discuss as a group.
6. Pray for wisdom and courage to help families in abusive relationships. Pray for protection for the elderly, women and children in your village who are victims of abuse.



For Further Learning

(with group or by yourselves during the month)

1. Read this Child Protection Statement:

- Children must be protected from all forms of violence and abuse. This includes physical, sexual and emotional abuse, neglect and harmful practices such as child marriage. Families, communities, churches and authorities are responsible for ensuring this protection.
- Children must be protected from all work that is dangerous. Work should not prevent them from attending school. Children should never be involved in the worst forms of child labor, such as slavery, forced labor, drug production or trafficking.
- Girls and boys can be at risk of sexual abuse and exploitation in their home, school, workplace or community. We must make all efforts to prevent sexual abuse and exploitation.

- Sexually abused and exploited children need immediate help to stop such abuse.
- Children are vulnerable to trafficking where protection for children is weak or missing. The government, communities, church and families are responsible for preventing trafficking, as well as helping children who are victims to reintegrate into their families and communities, if it is in their best interest.
- All children have a right to age-appropriate information, to be heard and to participate in making decisions that concern them, to take an active role in their own protection against abuse, violence and exploitation, and to become active citizens.

- Circle the things that children must be PROTECTED from.
- Which of the words you circled are common in your community? Share in pairs.
- Underline the people who can protect children from harm.
- Share in pairs an example of a child who was abused somehow.
- What form of protection, intervention, solution did/didn't the child receive?
- What is your role in protecting your little brother/sister? Why is the role important to you and your little brother/sister? Write your thoughts in your notebook.

2. Definitions of child abuse

- After you read each definition of child abuse, come up with one example that fits the abuse.

Child Abuse: *The child's physical or mental health is seriously endangered due to injury by the act of the child's parent, guardian, or custodian.*

Example: _____

Physical Abuse: *a. Any non-accidental physical injury caused by the parent or caregiver, or a serious injury caused by the caregiver's failure to take action to prevent injury. b. Physical abuse may include burning, hitting, punching, shaking, kicking, beating, or otherwise harming a child.*

Example: _____

Child Neglect: *a. Failure to provide adequate food, clothing, shelter, medical care, education, or supervision. b. Neglect is the failure to provide for a child's basic needs. Neglect can be physical or emotional.*

Example: _____

Sexual Abuse: *a. Any physical contact with a child for sexual gratification. b. Sexual abuse is inappropriate adolescent or adult sexual behavior with a child.*

Example: _____

Pray for one another, for wisdom to know when to call it 'abuse', for protection over your little brothers/sisters, and for their families' wellbeing.

****See Appendix 4, 'Recognizing Child Abuse' for more information about understanding the signs of child abuse****

b. How would you respond if you saw any signs of abuse? What questions would you ask your little brother/sister? Who in authority would you talk to? (It's good have a clear plan when you notice some symptoms) Write down your plan/protocol in your notebook.

c. Every culture has its way of disciplining children. Sometimes parents hit to teach children a wrong behavior. Sometimes a teacher may order a student to leave the class and stand outside in the hallway. Some cultures shame a child by scolding him/her in front of others. Think about your country alone, write your thoughts in your notebook, and then discuss together in the large group. In general, how are children disciplined? To what extent is hitting accepted? When would you call discipline 'abuse' that should not be tolerated?

3. Practice Peace

a. Let's look at your own family. How has violence and/or abuse been part of your family line? How were you disciplined? How have you experienced violence? Take some time to reflect with God. Write down your thoughts, memories, experiences, hurts, brokenness in your notebook. Get together with another Alongsider. Share your family reflection in pairs.

b. Pray for each other's family. If abuse is present in your home, ask God to cut the chain of abuse that runs in your family. Pray for the peace of Christ to reign in your families. Pray for the abusers, for their brokenness, that God will intervene and stop their hands and mouth, in Jesus' name. Ask Jesus to embrace you, to touch the pain you have experienced due to abuse, and to help you feel SAFE with Jesus. Ask Jesus to transform you to be the person of peace for your family, to guide you and give you wisdom as you bring peace.

c. **Romans 12:21** says, *"Do not be overcome by evil, but overcome evil with good"*. In order to overcome evil with good, you need to be overcome by good first! Receive God's goodness and overcome evil with it. Let's spend some time alone again. **Read Psalm 91** alone, as many times as you need to. Underline words and phrases/verses that stand out to you. Read those verses over again. Meditate on those words. Let those words touch your soul. Receive God's protection. You are 'safe' with God; therefore, you can bring peace into your home.

d. **Psalm 91** holds many images of God. Which one(s) speak to you today? Why? What is God speaking through it? Look at the list below and write/draw your reflections in your notebook: "My God, my Refuge, my Fortress, my Defender, my Protector, my Shelter, my Place of Safety, my Shield, my Deliverer, my Health, my Home, my Rest, my Peace, my Tower of Strength, my Salvation."



Application

Ask God to give you an opportunity to be a peacemaker this month. Keep your eyes open and pray for wisdom to know how to bring peace into a hurtful situation.

Families Torn apart

Lesson Summary

1. We discriminate against groups who are different from us.
2. In God's Kingdom, every ethnicity is valued and worships God together.
3. Instead of judging people by the group they are part of, we need to learn to accept them as individuals, created by God.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #23 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. Divide the group into two. People in Group 1 are 'Cambodians'. Group 2 is 'Vietnamese'.
3. Everyone receives a blank sheet of paper. Cut or tear out two holes for the eyes. At the top of the paper, write 'Khmer' if you are in Group 1. Write 'Vietnamese' if you are in Group 2.
4. Hold the paper in front of your face like a mask.
5. Walk around the room for about 2 minutes. Look at each other.
6. Now, spend some time decorating the paper with colored pencils. Be creative and unique and try to express who you are. The mask shows who you are to others.
7. Again, walk around the room holding the mask on your face. Look at each others' faces.
8. Gather back in a large group. Leader ask the following questions:
 - a. Compare the experiences. What did you think or feel when you walked around with a white mask? What did you think or feel when you saw others wearing colorful masks?
 - b. What was surprising to you? What discovery did you make?
 - c. How did this activity help you understand the meaning of prejudice?
 - d. How can you stop prejudice from happening?
9. (Individually) Read **Psalm 139**. What is God teaching or challenging you about through today's lesson?



For Further Learning

(with group or by yourselves during the month)

1. God created humans to be different. God not only created gender differences, but also different languages, cultures, ethnicities... (**Genesis 11**). Though it can be difficult to communicate to, understand and accept each other, God promises that at the end every nation, tribe and tongue will come together to worship God together (**Revelation 7:9**). It was Jesus' prayer that we become one (**John 17**). Unity in diversity. The image is God's diverse children coming together in unity to celebrate and worship God, our Creator.

In the space below, draw a picture of God's diverse Kingdom. At the end, God's children from every nation, tribe and tongue will gather for a celebration. What could this celebration look like?

a. As children of God, what do we have in common? List as many of the same things you can think of. Then list all the differences we have.

The things all races have in common	The things that are different
eg. we all love our families	eg. food

b. In God's Kingdom, how do you think different people treat each other, even though people look, sound and live so differently? Even though we can't verbally understand each other?

c. Why do you think it is good that people come from different countries, tribes and languages? Compare it to a society that has people from only one culture, life-style, language, etc.

d. How is God challenging you so far? What is God saying to you today?

2. Let's look at your local context. Write your thoughts and reflection in your notebook.

a. Historically, where do you observe ethnic/racial/tribal tension or conflict? Describe the tension and how different groups have treated each other.

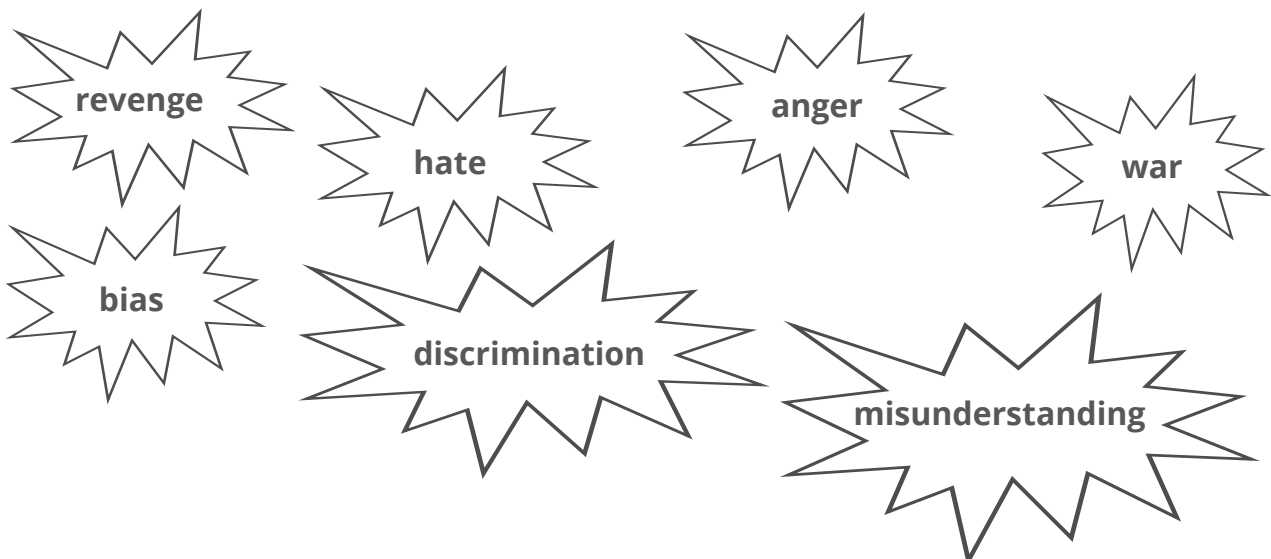
b. Currently, how does your group of people treat other groups? Is there still ongoing conflict? Is there hate? Is there discrimination?

c. How do you think children learn to mistreat people of different backgrounds?

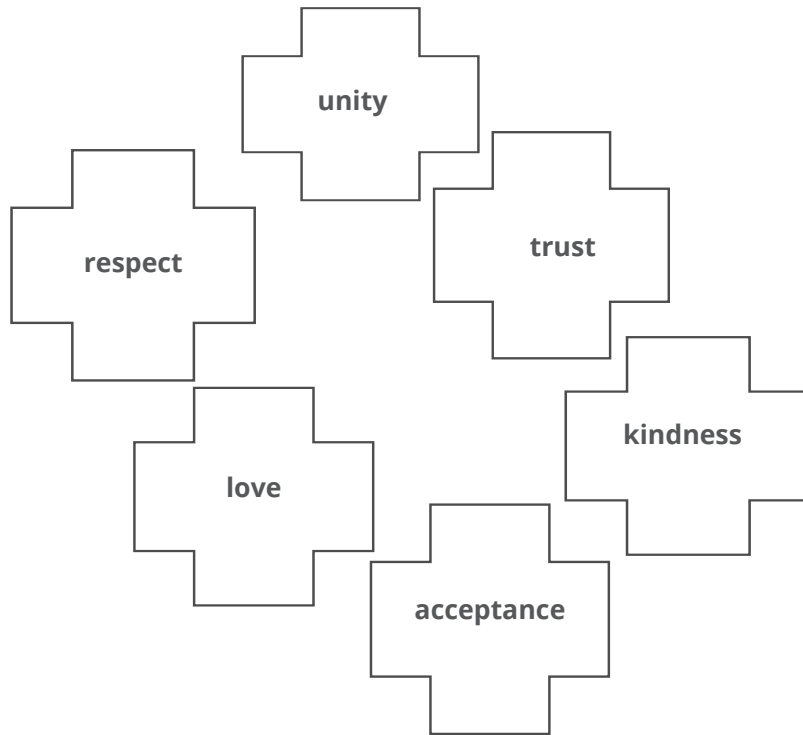
d. How does your family feel about different people groups? How were you taught growing up?

e. In your current relationships, where do you experience racial tension, misunderstandings, or difficulty in building friendship? Why are they difficult? What is God speaking to you today?

3. Take some time as a group to pray against racial discrimination. Pray to break down ...



b. Pray to build up...



c. In your prayers, bless and release each other as **People of Peace**.

"Blessed are the peacemakers, for they will be called sons of God" Matthew 5:9



Application

Think of one person different from you - perhaps from a different ethnic group. This month find a way to bless and encourage them.

Honour Your Parents

Lesson Summary

1. The Spirit of God touches not only your life, but longs to connect with your family and friends as well.
2. We live out God's love for our family and friends, as we respect them and courageously serve them out of love.
3. When loving your family is difficult, ask for help and encouragement from your spiritual family in Christ.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #24 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. Read **Matthew 5:13-16** together.
3. The images of salt and light blend with their surroundings, and shine or flavor from within. What other characteristics, qualities, values do salt and light possess? Share your thoughts in the large group.
4. (Individually) What would your presence as light or salt look like in your family, work place, or school? Spend some time reflecting, and draw a picture of how you understand your identity as salt and light.

5. (In pairs) Share your drawing with your partner. What is God teaching, speaking to, challenging you through today's lesson?



For Further Learning

(with group or by yourselves during the month)

1. Let's reflect on your family. Write your reflection in your notebook.
 - a. What are your family's thoughts and attitude towards your faith? (If your family knows Jesus, reflect on how your family's faith has influenced your faith in Jesus.)
 - b. We are shaped by beliefs and values that come from our family. What are some important values your family holds that you value as well? Reflect on how your family feels about areas of life listed below. How does your family feel about . . .
 - Making money?
 - Getting good grades in school? Graduating from high school?
 - Getting a job to help your family?
 - Buying fashionable clothes or expensive shoes?
 - Having a friend of the opposite gender?
 - Working and living in another country?
 - Being respected by your friends and neighbors?
 - Using drugs and alcohol?
 - Helping your neighbors?
 - Preserving family religion or belief?

c. Some of those family values are important strengths of your family as well as for you. The values can be strengthened by Jesus, who will give them new meaning and strength to your family. Write down your top 3 family values:

1. _____
2. _____
3. _____

Why are they good values for you and for your family? What does Jesus think about those values? Think of some stories and verses from the Bible that relate to these values and reflect on how Jesus holds these values.

d. As 'light' in your family, you can respect your family values with Jesus. Shine from inside your family, respect your family, walk with your family as they hold onto those values. Pray for one another, your families, and for you to have the courage and wisdom to stay faithful to your families even when it is hard.

2. Persecution and challenges

a. Christians experience great pain and grief when you are persecuted by your own family. Jesus understands your pain. Just as the blind man or the man with leprosy, who were thrown out of their families, some people get thrown out of their families because of their faith in Jesus. Even if you are not physically thrown out of the family, some families tell you to deny your faith in Jesus. You feel isolated in your home. Jesus hears your cry. How have you experienced persecution or opposition from your family (if your family is Christian, have you experienced persecution or opposition from friends, at school or at work)?

b. In order to have courage to stay strong when you are persecuted, you need to receive courage from God and brothers/sisters in Christ. Read **Daniel 3:10-30**. Reflect on the questions below:

1. When were the people supposed to worship the golden image?
2. What would happen to someone who was caught not worshipping the image?
3. Why did Shadrach, Meshach, and Abednego have the courage to refuse to bow down to the statue?
4. What did Shadrach, Meshach and Abednego do in verse 28 that impressed the king so much?
5. Who did the king praise after the three came out completely unharmed?
6. How can we find the courage we need to remain faithful to God during times of trouble, pressure or persecution?
7. How has God strengthened you and given you courage during times of persecution?
8. How have your brothers/sisters in Christ come alongside you during times of persecution?
9. Do you know anyone, including your little brother/sister, who is persecuted for his/her faith? How can you encourage him/her?

c. Read the following verses a few times each. Open your hearts and minds and let God speak to you words of encouragement. Write what you are hearing from God.

Psalm 62:5-8

Yes, my soul, find rest in God; my hope comes from him.

Truly he is my rock and my salvation; he is my fortress, I will not be shaken.

My salvation and my honor depend on God; he is my mighty rock, my refuge.

Trust in him at all times, you people; pour out your hearts to him, for God is our refuge.

Joshua 1:6-9

Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them. Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.

3. Serving and loving your family

- a. Pray for your family. Name each member of your household. What are their needs/problems? What are some strengths that they hold? Pray for each person.
- b. How can you serve/love your family? Where does your family need you the most? In your note books, reflect on the need, and how you can serve.
- c. In the large group, share your family's needs and how you plan to serve them. Pray for each person. Release each other as 'peacemakers' for your families.
- d. How can you encourage each other as you together be salt and light to your families and friends?

4. Extra Learning Activity for those from Non-Christian families

- a. Does your family have a different religion? What kind of rituals, customs, and forms of worship do they practise? For each tradition, why is it important to your family? Try to describe each one.
- b. Do they want you to participate in their religious traditions? What kind of traditions do you participate in? Which ones do you not participate in? How did you choose which ones to be part of and which ones not to participate?
- c. Pray that the Holy Spirit would reign over religious activities that take place in your home:
 - Pray that God will break down any influence from the Enemy and give you protection.
 - Pray that God will honour and bless each family member.
 - Pray that God will redeem the traditions to honour Him and the family (past and present).
 - Pray for wisdom to know when to participate and when not to, and to know how to explain your reasons to the family.
 - Pray for guidance as you show love, respect and care for your family.
 - Pray that your family members will someday see and receive love from Jesus, and trust their lives to follow Jesus.



Application

Think of a new and creative way to worship Jesus that reflects your own culture this month. Try it out either alone or with others, lifting your worship as a holy offering to God.

LESSON 25.

Let's work Together

Lesson Summary

1. The Kingdom of God grows in you, in your relationships and touches your community.
2. The best solution to your community's problems comes from those living in the community, including children and youth.
3. Every community has the resources and strengths to work together toward a better future for all members.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #25 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. This lesson is not an easy one to understand. In order to get a good understanding of the lesson before the Alongsiders read it with their little brothers/sisters, we will work on the questions and activities in the comic book today. Read **Luke 9:10-17** together.
3. In the large group, answer the following questions:
 - a. What is happening in those verses? Someone retell the story.
 - b. What is the problem the disciples shared with Jesus?
 - c. What is the solution the disciples suggested to Jesus? What possible solutions would you have come up with?
 - d. What did Jesus do in response to the problem? What resources did Jesus use to solve the problem? (Resources: who, what, how...)
 - e. Instead of looking for the solution outside of the community, Jesus looked at what the community already had – a boy, two fish and five loaves of bread, miracle of multiplying. How was Jesus' 'solution' different from your solution? What surprised you?
4. Let's work on the questions and activities in the comic lesson together.
 - a. What do you like about your village? List as many things you like as possible.
 - b. What kind of people live in your village? What are their strengths and qualities?
 - c. Draw a map of your community. On the map, put down the likeable things, people's homes and businesses, and identify the resources within your village.
 - d. Pray for your community, for everything you have listed on your map. Pray for a healthy future for your community. Pray God's light will shine in places of conflict, violence, abuse, addiction. Pray for your little brothers and sisters, their families, and their influence in their homes.



For Further Learning

(with group or by yourselves during the month)

1. Learn about your village; Prayer walk
 - a. Let's get outside together and learn about your village. Take your little brothers/sisters, if you can. Take the map you created earlier. As a group, walk through your village. Add more resources in your village onto the map. Talk to people. Don't overlook the elderly people, disabled people, people who suffer poverty, and other vulnerable people. Ask questions about who they are and what they do. Walk and pray together as the Spirit leads, for people you see, for areas of darkness, for the strengths you observe, for strengthening of schools, hospitals, and other places of influence.

Examples of assets (strengths or resources) to look for:

- A pretty tree that just needs to have weeds pulled around it so we can see it again
- The grandma with delicious fried bananas or other good places for food
- A wide open space in front of the school or another good place for people to gather
- The young man who's a really a good artist
- The very strong Christian Church
- The absence of big national roads, assuring that the local streets don't carry much traffic

- b. At home, reflect on your experience. In your notebook, answer the questions below:
- After the walk through your community, what new things did you discover about your village?
 - Who are some people you discovered/met or got to know better?
 - If you were to give your village a new name, what would that be? Why did you choose that name?
 - In 10 years, how would you like your village to change? How can people work together to bring that change?
 - What are your thoughts about getting help from outside organizations who most of the time look at the needs (or weaknesses) of the community, not strengths?
 - Pray for your village and talk to God about your hopes and dreams for the people.

2. Practice Asset (strength) Based Community Development

- a. In the group, let's think about the elderly people in your village. Discuss as a group using the map. Take notes and write your thoughts in your notebook. Answer the questions below:
- Describe the life of some elderly people you know. Who are the elderly in your church?
 - What are some challenges they face? How could they feel they are valued in the village?
 - What are the strengths they have to offer to children and youth in your village?
 - How can you engage the elderly people with the younger people in your village?
- b. Let's think about health care in your village. Again, use the map. Write in your notebook. Discuss the questions below:
- Describe what people do when they are sick in your village.
 - What are some positive aspects of health care in your village?
 - How can you improve health care in your village? What resources are already in your village?
 - How can you engage children and youth to bring improvement to health care in your village?
- c. There is a Cambodian proverb, "only a spider can repair its own web". What do you think it means and how does this proverb relate to community building?



Application

Mapping Activity and Community Project

All Alongsiders and their little brothers and sisters get together and work on this activity together.

- a. On a big piece of paper, draw a BIG map of your village. Everyone work together. Add your houses, schools, local offices, businesses, hospital, temples, fields, church, lakes, rivers, etc.
- b. Identify and write down 3 problems your village is facing today. (eg. poverty, discrimination, family disputes, rubbish, gambling, family conflicts, relational conflicts, sickness, etc.)
- c. Each person gather 10 stones. Put the stones next to the 3 problems you want to be part of solving. Each person decide how many stones to put for each problem. If one problem is more important to you than another, be sure to place more stones next to that problem. Count the total number of stones to decide which problem you should tackle.

d. Now think about the resources you have access to in your community. Circle them on your map. Think about how they might be used to address the problem you have identified.

e. What is your group's role in this project? Discuss and write it down.

f. What would each Alongsider and LBS like to do? Each pair discuss and write down. Each pair share with the large group.

g. In the big group, discuss possible tasks/roles and write down the action steps.

What to do	Who is responsible	When
1.		
2.		
3.		
4.		
5.		
6.		
7.		

h. After you have finished your project, get together as a group. Each pair of Alongsider/LBS share what you did and how it went. Together as a group, discuss the questions below (later during the week, write your thoughts in your notebook):

- How did the project go?
- What went well?
- What didn't go so well?
- How did people in your village respond?
- Who benefitted from this project?
- What changes/improvements were you able to make?
- List 3 things you liked about this project.

- List 3 things you would do differently next time.

Finally, celebrate together! Walk around the room and thank at least 5 people for their contributions. Close the time in prayer for your 'team' and for your village and its future. Well done!

MY COMMUNITY

How to Study

Lesson Summary

1. It takes practice and experience to study well.
2. There are different learning styles, and we are stronger in one or a combination of them. Knowing your learning style can help you study better.
3. 'Mind mapping' is one effective tool of learning. You can study the mind map using your learning style(s).



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #26 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. This lesson is about how to study. It introduces the importance of planning how to study, and organizing the information you need to learn (Mind Mapping). Mind Mapping is a way of putting a lot of information into a simple diagram that is much easier to remember. Your brain remembers pictures more than lists of information. Let's practice Mind Mapping together. The more you practice, the more natural it will become for you. You will gradually understand how it is effective.
3. Draw a Mind Map of the story of Jesus' birth in the box below. The leader will read the story from the Bible. Choose one or more of these versions of the story: **Matthew 1:18-25** (Mary and Joseph), **Luke 1:26-56** (Mary, birth foretold), **Luke 2:1-7** (Mary and Joseph), **Matthew 2:1-12** (Wise Men), or **Luke 2:8-20** (Shepherds).

Each person 'draw' the story in the box above as you listen to it. Jesus' birth is the central theme. You have the four main characters in this story. Add more lines, shapes, arrows, connections, pictures, colors, as you wish. The goal is to map out the basic story. You should be able to re-tell the story by looking at your map. Don't worry about listing all the details. If you can communicate the simple story, that's good. Help each other, as this exercise is new and may be more difficult for some than others.

4. Get into pairs and compare your Maps. Tell the story to each other. Make some more changes to your Mind Map if you want to.
5. How was the experience? Select four volunteers. Each person choose one character from the story (Mary, Joseph, Shepherds, Wise Men). Tell the group about your character based on what you drew. Start with Mary.
6. Do you have a better understanding of how Mind Mapping works? Now spend more time alone to work on your Mind Map. Add pictures and colors if they help you understand the story better. You can change the Mind Map to any form you like, as long as it helps you see the story visually.
7. Who is still having a hard time understanding how to make Mind Maps? What is hard for you? Help each other learn how to do Mind Mapping. Don't worry if you are having a hard time understanding how Mind Mapping works. It will take some practice. We will do more later.



For Further Learning

(with group or by yourselves during the month)

1. As we are on the topic of studying, let's learn about 'Learning Styles'. You may think that how you studied at school growing up is the only way to learn. Very simply put, you learn to 'memorize' information at school. The more you can memorize, the better your grades. Are you (were you) a good student? How about your little brother/sister? Maybe this learning activity will help you discover how you can learn more effectively. It may not make your grades go up right away, but hopefully you can think about how you study, and how you can make some changes to it.
 - a. It is proven that people have different learning styles that help them learn better. Some people learn best by seeing (Visual Learners). Some prefer to listen (Auditory Learners). Some learn as they move their hands and body (Kinesthetic Learners). And most of us are a combination of them. Here is a quick summary:
 - **Visual Learners:** use colors and pictures to help you 'see' well.
 - **Auditory Learners:** read aloud as you draw, or work/share with others as you create the Map.
 - **Kinesthetic Learners:** use your body as you draw; hands, voice, moving around, etc.

Now, go to Appendix 5 at the back of this workbook and take the 'Learning Styles Quiz' to find out what kind of learner you are.

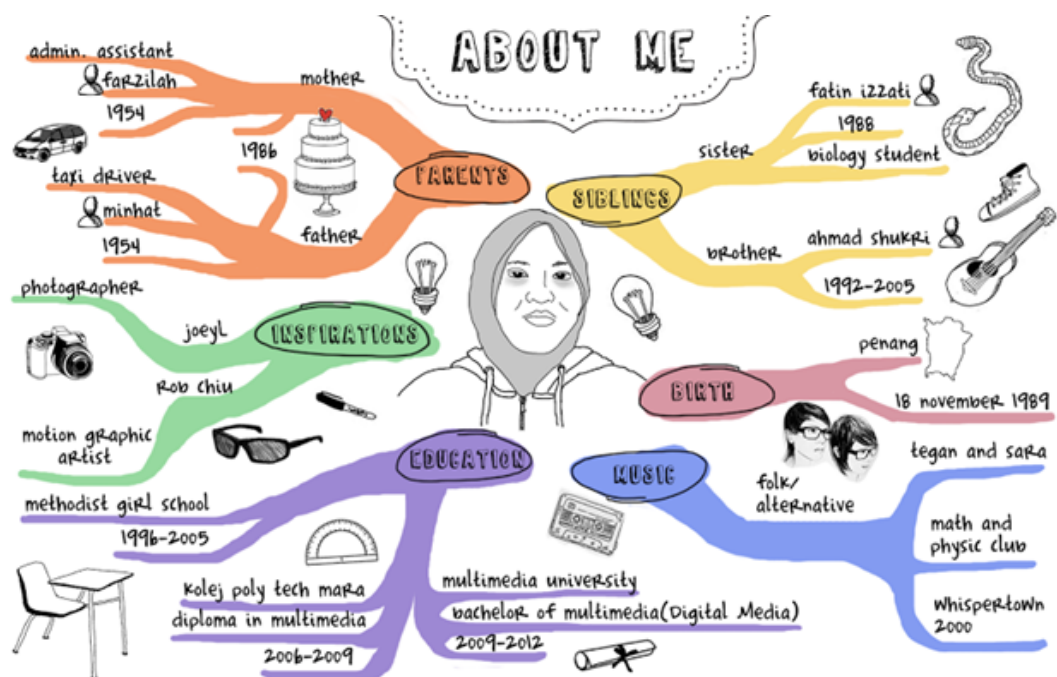
b. Read about the 3 learning styles below. Which one do you think you are? _____

Learning Style	Definition	Learning Strategies
Visual	You learn best by reading, observing, and seeing things. You remember what you read and see.	<ul style="list-style-type: none"> - Highlight important information with colors - Use pictures, graphs, mind maps in your notes - Look at photos, videos, pictures of what you are learning.
Auditory	You like to learn by listening. You are good at listening to lectures, audio materials and learning through discussions.	<ul style="list-style-type: none"> - As you read, say out loud important information to remember - Record lectures and listen to it later - Discuss with others about the topic - Memorize by repeating information aloud - Turn facts into a poem or music
Kinesthetic	You need to be involved in your learning by doing things with your hands and your sense of touch. You prefer to touch the material as you learn and you need "hands on" kinds of activities, which will help you learn by doing.	<ul style="list-style-type: none"> - Take notes during class - As you read, write a summary, or write important contents - Draw mind maps, outlines, summaries to prepare for an exam - Use card to review for exams - Walk around as you memorize facts - Take classes that have field trips, labs, etc. - Get together with friends to study together - Use senses; sight, touch, hearing, smell, taste, etc

c. In your notebook, write reflections on the questions below:

- Describe your learning style(s).
- How does your personality affect your learning style?
- As you look at the learning strategies on the list above, what are new strategies you have discovered? What are some changes you want to make (or wished you have made when you were a student) in how you study?
- How would you explain Learning styles to your little brother/sister? From what you know of him/her, what do you think is their learning style? Think of ways you may be able to help your little brother/sister learn more effectively.

2. Let's practice Mind Mapping again. This time you will create a Mind Map about your little brother/sister. What do you know about your little brother/sister? On the next page is a sample of a Mind Map of a person. In the box below, be very creative and make a Mind Map of your little brother/sister. You could map about his/her family, hobby, strengths, favorites (food, color, animals, places, etc.), fears, future dreams, habits... As you create the Map, pray for him/her.



Application

Draw a Mind Map as you listen to your pastor's sermons this month. It will help you develop note taking skills!

Becoming An Alongsider

Lesson Summary

1. Take some time to celebrate and reflect on your relationship with your little brother/sister.
2. Take some time to celebrate and reflect on your relationship with fellow Alongsiders.
3. Set goals for the following year walking alongside your little brother/sister.



Monthly Check Up

(sit in a circle, Alongsiders report to one another.)

How many times did you get together with your LBS this month?

- ☐ 0 times. Why? _____
- ☐ 1-2 times ☐ 3-4 times ☐ 5 or more times

How many hours did you spend together this month?

- ☐ Less than 1 hour ☐ 1-2 hours ☐ 3-4 hours ☐ 5 or more hours

Did you sit down and read comic lesson #27 together? ☐ Yes ☐ No

Did you discuss the questions in the comic together? ☐ Yes ☐ No

Did you do the activity in the comic together? ☐ Yes ☐ No

What did you notice (good or difficult things) in the life of your LBS this month?

(eg: health, family issues, school attendance, attitude, relationships, etc)

How did you walk alongside your LBS through those good or difficult moments?



Group Learning

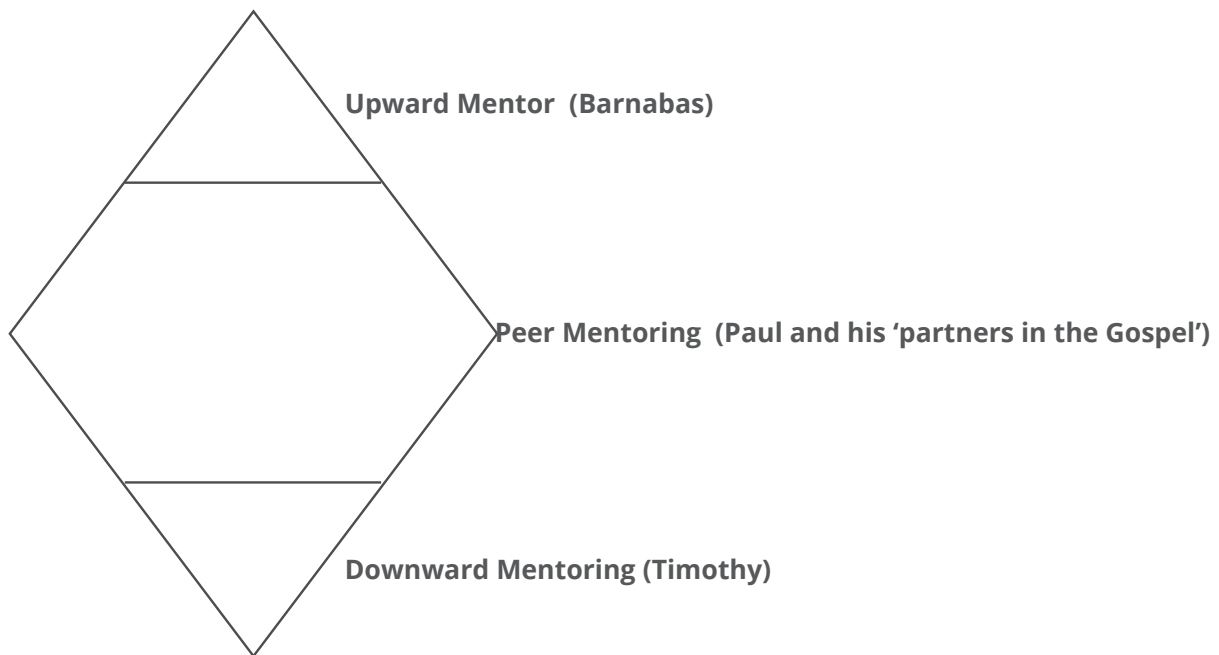
1. Group leader: introduce the topic and train the Alongsiders how to read the comic.
2. Read **1 Kings 19:9-21** together.
3. Think about the time when God showed you who you should choose as your little brother/sister.
Maybe God spoke to you in a gentle whisper, just as He did to Elijah. Maybe God showed why your little brother/sister needed an Alongsider. Maybe you had carried a burden for your little brother/sister before the opportunity of becoming his/her Alongsider. However you were paired up with your little brother/sister, we trust that God was in the decision. In pairs, share with one another how God led you to your little brother/sister. Looking back at the past three years, how did God help you in your relationship with your little brother/sister?
4. Let's draw a picture of you and your little brother/sister. This is the same activity as in the comic book. This time, you will draw. In the comic book, let your little brother/sister draw. Imagine sharing about your relationship with your little brother/sister to a youth from another church who is thinking about becoming an Alongsider. Draw a picture that expresses you and your little brother/sister. Draw in your notebook.
5. Get into a group of 3-5. Show your drawing, describe your relationship with your little brother/sister to the group, and share 3 reasons why you would recommend becoming an Alongsider. Take turns in your group.
6. Take time to celebrate this milestone – three years walking alongside those who walked alone. Put your drawings in the center of the room. Each person share what it meant for you to journey as an Alongsider with your little brother/sister, and one thing you are thankful to God for.
7. Close in any way you like. Pray, worship, eat, games, etc...



For Further Learning

(with group or by yourselves during the month)

1. Let's do some more reflection on your relationship with your little brother/sister. Write your reflection in your notebook.
 - a. What was the most memorable event in your walk with your little brother/sister?
 - b. What has been most challenging in your walk with your little brother/sister?
 - c. How has your little brother/sister grown in the last three years? What is the biggest change you see in him/her?
 - d. How have you grown as an Alongsider, in your relationship with Jesus, and as a person?
 - e. What are some lessons you learned through mentoring your little brother/sister?
 - f. When you get together as a group, share your reflections in pairs.
2. Did you know that there are three types of mentors? For example, the Apostle Paul was involved in all three types of mentoring. He did 'downward mentoring' with Timothy (**2 Timothy 1:1-8**). Paul poured his life and wisdom into Timothy as they shared life and ministry. Paul had an 'upward mentor', Barnabas (**Acts 11**), who encouraged Paul in his initial stage in ministry. Paul also had partners in the Gospel (**Philippians 1:5**), who worked with him to share the Good News. Paul prayed for them every day. They were Paul's peer mentors. Together with Paul, they challenged and encouraged one another.



As Alongsiders, your little brothers/sisters are your “Timothys”. You may have a “Paul”, such as a teacher, pastor, or leader who invests in you. And as a team of Alongsiders, you are peer mentors to one another. You have shared your journey and growth as Alongsiders. You have prayed for one another. You have encouraged one another to be Godly mentors for your little brothers/sisters.

a. Let’s reflect on the group of Alongsiders you are part of. How did the other Alongsiders encourage, challenge and help you? _____

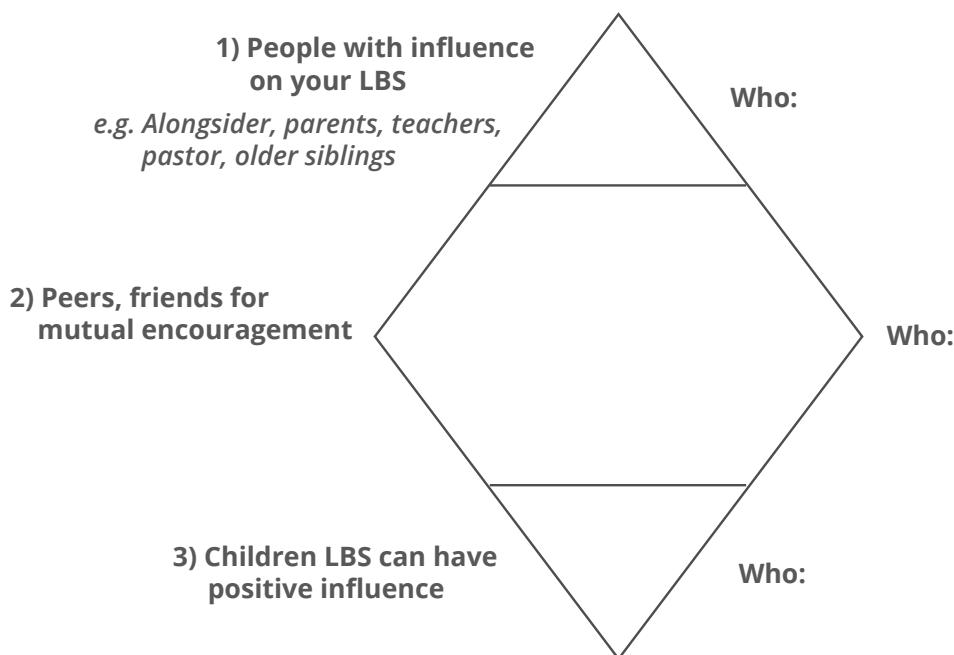
b. Who do you look up to as a role model (Could be a real person, present or past, a character in the Bible, or a fictional person)? Do you have an upward mentor? How can having an upward mentor help you in life, your profession, or your walk with God?

c. Share your reflections in pairs when you get together as a group.

3. As we see in **1 Kings 19:19**, Elijah threw his cloak around Elisha, who was to follow in Elijah’s steps as a prophet. It was a moment when Elijah invited Elisha to become the next prophet. Do you see your little brother/sister becoming the next Alongsider? Consider giving your ‘cloak’ to your little brother/sister. Even though he/she can’t officially become an Alongsider until age 16, your little brother/sister is being mentored to become an Alongsider him/herself! And as in the comic book lesson, your little brother/sister may be ready to walk alongside another child already.

a. If you were to give your little brother/sister advice about becoming an Alongsider, what wisdom, guidance, and encouragement would you give him/her? Think about what it meant for you to be an Alongsider for your little brother/sister.

b. Together with your little brother/sister, list the names of adults and children he/she is in relationship with in the diagram on the next page.



c. You can't force mentoring to happen. You can't force your LBS care for a child in need. God called Elisha to become a prophet. God will work in your LBS and call them to intentionally walk alongside someone when the time is right. However, it is good to be aware of relationships and pray for those close to you. Together with your LBS, pray for the names written above. Lay your hands on your LBS and pray for him/her, that he/she will continue to grow in relationship with Jesus, that God will be in the center of his/her relationships, and that he/she will continue to learn to love his/her family, friends and others close to him/her.



Application

You have finished the Year 3 comic book lessons and the workbook, but your relationship with your LBS will continue. **Let's come up with 3 goals for the next 6 months for your relationship with your LBS.** Remember SMART Goals? *(Use the following examples to help you: Review one comic lesson per month, help with homework once a week, read the Bible with your LBS once a week.)*

My Three goals	Steps I will take to achieve my goals	I will know I have reached my goal when...
1.	a. b. c.	
2.	a. b. c.	
3.	a. b. c.	

My Child Protection Commitment

I commit to the following actions in order to protect my little brother or sister and other children:

1. When working with children, I will be in full view of others.
2. I will be careful of any situation that is dangerous.
3. I will commit to protect them from abuse in any of the following ways:

I commit to protect my little brother or sister from **SEXUAL** abuse:

- No sexual contact with children
- No touching private parts of children
- No hugging or kissing children in a sexual way
- No pornographic speech or showing pornographic images to children
- I will not be alone with children in a place where we cannot be seen
- I will not take children to any place where they are in danger of sexual abuse
- I will not persuade children to have sexual relations

I commit to protect my little brother or sister from **PHYSICAL** abuse:

- I will not hit children
- I will not exploit children's labour
- I will not make children do anything they do not want to do, or that is beyond their ability
- I will not punish children excessively

I commit to protect my little brother or sister from **EMOTIONAL** abuse:

- I will not mock or tease children or otherwise discourage children
- I will not insult, swear at or call children names
- I will not speak in a way that scares a child
- I will not share confidential information about children with others

I commit to follow up any abuse in the following ways:

- If possible, I will help save the child immediately
- I will inform the local authorities
- I will inform the Alongsiders Coordinator

Signature and Name of Mentor:

Date:

Fruit of the Spirit

In Lesson 19 we learned about the Fruit of the Spirit. Read on for a fuller understanding of the Fruit of the Spirit described in Galatians 5. Use the questions to reflect on each fruit in your own life.

Fruit

a. **Kindness:** The heart that identifies an area in others that deserves attention, appreciation, and encouragement. It can be a simple act of greeting an old man in your neighborhood who lives alone. It can be an act of bringing fruits to someone, encouraging a friend who is sick, listening well to a friend, or praising your little brother for the effort he made in school, etc.

How is Jesus serving you with kindness? (Receive His kindness)

What verse/story in the Bible comes to mind when you reflect on serving with kindness?

How have you served others with kindness?

Do you know someone whom you can serve with kindness? What one thing will you do to serve that person?

b. **Gentleness:** The heart that has strength and passion under control. It is the heart that does not have to express one's will to serve out loud. The heart that quietly submits to serving others for their good. Can you be the gentle presence in your little brother/sister's life who seeks to bless him/her?

How is Jesus serving you with gentleness? (Receive His gentleness)

What verse/story in the Bible comes to mind when you reflect on serving with gentleness?

Do you know someone who serves others with gentleness? How is he/she gentle?

Do you know someone whom you can serve? What one thing will you do to serve that person with gentleness?

c. **Faithfulness:** The heart that does not wander away from commitments and relationships. Faithfulness grows as you deepen your trust in the unchanging God through ups and downs of life.

Can you be faithful to seeing your little brother/sister even when your life gets busy? Will you be faithful to caring for your little brother/sister's needs, even though it doesn't seem like you are making any difference in his/her life?

How has Jesus faithfully served you? (Receive His faithfulness)

What verse/story in the Bible comes to mind when you reflect on serving with faithfulness?

When does it get difficult to faithfully serve others?

What helps you to stay faithful?

Fruit of the Spirit continued...

d. Patience: The heart that chooses to bear the pain when you encounter unexpected hardships. When life is hard, when your little brother/sister is going through problems, when you feel like giving up, would your heart choose to stay in the mess? Serving others can be challenging. Will you demonstrate patience?

How is Jesus serving you with patience? (Receive His patience)

What verse/story in the Bible comes to mind when you reflect on serving with patience?

Reflect on a time when taking care of your little brother/sister was hard. How was your patience tested?

What helps you to stay patient in your walk with your little brother/sister?

e. Joy: The heart that knows God is with you even when life is hopeless. Joy is a hopeful and expectant heart that waits for God to provide a way out of a difficult situation. Joy is a celebrative heart that rejoices in God's work. Joy is a heart that knows deep down that you are God's delight. Serving your little brother/sister is a joyful walk. God walks with you, helps you up when you fall, celebrates victories with you and delights in you and your little brother/sister.

How is Jesus serving you with joy? (Receive His joy)

What verse/story in the Bible comes to mind when you reflect on serving with joy?

What brings you joy in serving your little brother/sister?

Does your little brother/sister know joy? Write down how you would explain to your little brother/sister about the joy we have in Christ. Spend time with him/her to remind him/her of joy whether we feel it or not.

f. Goodness: The heart that chooses the only One who is good. We strive to be good. We study hard, get a good job, and climb the ladder of success. However, no matter how hard you try, you can't change the fact that you can't become any more significant than you are already. Press onto this good God, who says "you are already so good". The actions that come out of you should reveal His goodness and internal goodness such as honesty and fairness. A servant leader serves with honesty that could even tell your little brother/sister that you have failed or have made a mistake.

Let Jesus tell you to "stop trying, you are already good". Learn to accept His words. (Receive His goodness)

What verse/story in the Bible comes to mind when you reflect on God's goodness?

When have you doubted God's goodness for you or for a situation?

Do you know someone whom you can serve with goodness? What one thing will you do to serve that person?

Fruit of the Spirit continued...

g. Self Control: The will that chooses to sacrifice your needs and wants to serve for the benefit of others. You may have something you'd rather be doing than to visit your little brother/sister. You may want to spend more time with friends your age than to help your little brother/sister with homework. You can train your will and choose to serve people for their well being. Self control is also the ability to control your words, thoughts and actions. It does not mean you become slaves to your customs or expectations of adults. You choose to use appropriate words, show respect to elders, show humility by not boasting, control your urge to gossip, etc.

How did Jesus display self control when serving others? (Receive His self control)

What verse/story in the Bible comes to mind when you reflect on serving others with self control?

Why do you think self control is not easy for most people?

As an Alongsider, in what areas do you most need self control?

h. Peace: The heart that rests in a relationship with God. You experience peace knowing everything is in God's hands, regardless of outward circumstances. As you know peace in the presence of God, you become peace makers. Peace is not merely a world that lacks war and violence. It is people making peace with one another, thus recreating a broken world to wholeness. Trust and rest in God as you remain active in serving others – bringing peace to your little brother/sister.

How is Jesus – the Prince of Peace - making peace in and through you? (Receive His peace)

What verse/story in the Bible comes to mind when you reflect on serving with peace?

What does it mean to you to serve others with peace?

What circumstance around you needs peace? What one thing will you do to serve as a peace maker?

i. Love: Love ties together the fruits of the Spirit. "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres" (1 Corinthians 13:4-7).

How is Jesus serving you with love? Draw a picture of yourself allowing Jesus to love you (Receive His love)

What verse/story in the Bible comes to mind when you reflect on servant leadership and love?

What is the difference between serving with love and serving without love?

How can you serve your little brother/sister this week with love?

As you remain in God's love, you grow in the fruits.

As you receive God's unconditional love for you, you mature as a servant leader.

Spiritual Gifts

In Lesson 22 we learned about spiritual gifts. Read on for a fuller understanding of the spiritual gifts described in Scripture (visit www.spiritualgiftstest.com to help you determine what your spiritual giftings may be).

Definitions of Spiritual Gifts

Administration

The Greek word for the spiritual gift of administration is 'Kubernesis.' This is a unique term that refers to a shipmaster or captain. The literal meaning is "to steer," or "to rule or govern." With this gift the Holy Spirit enables certain Christians to organize, direct, and implement plans to lead others in the various ministries of the Church. This gift is closely related to the gift of leadership, but is more goal or task oriented and is also more concerned with details and organization. See also **1 Corinthians 12:28, Titus 1:4-5.**

Apostleship

The mission for those with the gift of apostleship today is to plant new ministries and churches, go into places where the Gospel is not preached, reach across cultures to establish churches in challenging environments, raise up and develop leaders, call out and lead pastors and shepherds, and much more. Missionaries, church planters, certain Christian scholars and institutional leaders, and those leading multiple ministries or churches often have the gift of apostleship. See also **Ephesians 4:11, 1 Corinthians 12:28, Acts 1:21-22, 1 Corinthians 9:1.**

Discernment

The spiritual gift of discernment is also known as the gift of "discernment of spirits" or "distinguishing between spirits." In the New Testament it describes the ability to distinguish between spirits as in **1 Corinthians 12:10**, and to discern good and evil as in **Hebrews 5:14**. The Holy Spirit gives the gift of discernment to enable certain Christians to clearly recognize and distinguish between the influence of God, Satan, the world, and the flesh in a given situation. The church needs those with this gift to warn believers in times of danger or keep them from being led astray by false teaching. See also **1 Corinthians 12:10, Acts 5:3-6; 16:16-18; 1 John 4:1.**

Evangelism

All Christians are called to evangelize and reach out to the lost with the Gospel (**Matthew 28:18-20**), but some are given an extra measure of faith and effectiveness in this area. The Greek word for evangelists is 'Euaggelistes' which means "one who brings good news." Evangelists are given the unique ability by the Holy Spirit to clearly and effectively communicate the Gospel of Jesus Christ to others. They continually seek out relationships with those who don't know Jesus and are open to the leading of the Holy Spirit to approach different people. See also **Ephesians 4:11, Acts 8:5-12, 26-40, 21:8, Matthew 28:18-20.**

Spiritual Gifts continued...

Exhortation

The spiritual gift of exhortation is often called the “gift of encouragement.” The Greek word for this gift is ‘Parakaleo.’ It means to beseech, exhort, call upon, encourage and to strengthen. We see Paul commanding Titus to use this gift in **Titus 1:9** and throughout chapter 2, particularly **Titus 2:11-15**. He also charges Timothy in **2 Timothy 4:2**. Those with the gift of exhortation can uplift and motivate others, as well as challenge and rebuke them in order to foster spiritual growth and action. See also **Romans 12:8, Acts 11:23-24; 14:21-22; 15:32**.

Faith

The spiritual gift of faith is not to be confused with saving faith. All Christians have been given saving faith (**Ephesians 2:8-9**), but not all receive this special gift of faith. The gift of faith is rooted in one’s saving faith in Christ and the trust that comes through a close relationship with the Savior. Those with this gift have a trust and confidence in God that allows them to live boldly for Him and show that faith in mighty ways. The Holy Spirit distributes this gift to some in the church to encourage and build up the church’s confidence in God. They expect God to move and are not surprised when He answers a prayer or performs a miracle. See also **1 Corinthians 12:9, Hebrews 11:1-40**.

Giving

The Holy Spirit imparts this gift to some in the church to meet the various needs of the church and its ministries, missionaries, or of people who do not have the means to provide fully for themselves. The goal is to encourage and provide, giving all credit to God’s love and provision. Those with this gift love to share with others the overflow of blessings God has given them. They are typically very hospitable and will seek out ways and opportunities to help others. See also **Romans 12:8,13, 2 Corinthians 8:1-5; 9:6-15; Acts 4:32-37, Galatians 4:15, Philippians 4:10-18**.

Interpretation of Tongues

(This is one definition of this Gift; churches in history have had different understanding of this gift)

The spiritual gift of interpretation of tongues is found alongside the gift of speaking in tongues in **1 Corinthians 12:10**. The Greek word for interpretation is ‘hermeneia’ and simply means to interpret, explain, or expound some message that is not able to be understood in a natural way. Thus, this spiritual gift is the supernatural ability to understand and explain messages uttered in an unknown language. When this happens in the church, two things happen: the church is encouraged and blessed to love and serve God more deeply and effectively. See also **1 Corinthians 12:10, 30, 14:1-28**.

Knowledge

The Holy Spirit gives this spiritual gift to some believers to bring about understanding and to inform the church or individual believers. The person with this gift is usually well-versed in the Scriptures and often has much committed to memory. They can retain the truth and communicate it effectively at the appropriate times. See also **1 Corinthians 12:8, Romans 15:14, 2 Corinthians 2:14**.

Spiritual Gifts continued...

Leadership

The Holy Spirit gives the spiritual gift of leadership to some in the church to care for God's people and lead them into deeper relationship with Christ and each other. They base their success on how well they help others succeed and grow in their spiritual walk with Jesus. They are able to accomplish many different tasks and objectives as they lead, but they will always lead relationally and with a deep concern for the well-being of others. See also **Romans 12:8, 1 Thessalonians 5:12, 1 Timothy 3:4-5, 12, 5:17.**

Mercy

All Christians are called to be merciful because God has been merciful to us (**Matthew 18:33; Ephesians 2:4-6**). The Holy Spirit gives the spiritual gift of mercy to some in the church to love and assist those who are suffering and walk with them until The Lord allows their burden to be lifted. The gift of mercy is founded in God's mercy towards us as sinners and is consistently expressed with measurable compassion. Those with this gift are able to "weep with those who weep" (**Romans 12:15**) and "bear one another's burdens" (**Galatians 6:2**). They are sensitive to the feelings and circumstances of others and can quickly discern when someone is not doing well. They are typically good listeners and feel the need to simply "be there" for others. See **Romans 12:8, Matthew 5:7, Luke 10:30-37, James 3:17, Jude 22-23.**

Miracles

(This is one definition of this Gift; churches in history have had different understanding of this gift)

Those with the spiritual gift of miracles often have a heightened sensitivity to the presence and power of God through His Holy Spirit. They have a special measure of faith and desire for God to reveal Himself and draw many to faith in His Son Jesus Christ. This gift is often accompanied by prayer and strong petition by these individuals for God to reveal His glory to people. They do not claim power themselves, but always give credit and glory to God for His mighty works. Often, God will deliberately humble them to keep them relying on His grace and pointing to His Son, rather than miracles. See also **1 Corinthians 12:10, 28-29, Acts 1:8, Galatians 3:5.**

Pastor/Shepherd

The spiritual gift of pastor or pastor/shepherd is one that carries many different responsibilities. This gift is closely related to the spiritual gifts of leadership and teaching. The Holy Spirit gives the spiritual gift of pastor to some in the church to humbly teach them, guide them, protect them, and to lead them in the mission that God has for His church, namely the Great Commission. The pastor loves the Gospel of Jesus Christ and puts it at the center of his life and ministry. Pastors do not seek fame or recognition for themselves, but they are placed in a position of authority by the Holy Spirit. The role of a pastor is one of humility and service as he is reminded daily of his overwhelming need of God's grace for the task at hand. See also **Ephesians 4:11, Jeremiah 3:15, Acts 20:28, John 10:11-18.**

Spiritual Gifts continued...

Prophecy

The spiritual gift of prophecy is an extraordinary and unique gift. Paul says in 1 Corinthians 14:1 to “Pursue love, and earnestly desire the spiritual gifts, especially that you may prophesy.” This gift is a blessing to the church and should not be quenched or despised (1 Thessalonians 5:20). The Holy Spirit gives the gift of prophecy to some believers to make God’s heart known and to edify the church. This gift is for the benefit of both believers and unbelievers and is a sign that God is truly among His church (1 Corinthians 14:22-25). Those with this gift are sensitive to both the prompting of the Holy Spirit and the needs of the church body. They should be humble and continually study the Scriptures in order to test these revelations before speaking them. When they do speak, they should allow and even expect others to weigh what is said against the Scriptures and interpret the message accordingly. In this way the church may be continually built up together in unity (1 Corinthians 14:4, 26). See also Romans 12:6, 1 Corinthians 12:10, 14:1-5, Ephesians 4:11-12, 1 Peter 4:10-11.

Serving/Ministering

We see people with this gift in passages like Acts 6:1-7, 1 Corinthians 16:15-16, and many others. Those with the gift of service are committed to the spread of the Gospel. They serve in ways that benefit others with different gifts and ministries. They have a heart devoted to Jesus and a desire to follow His command and example in Matthew 20:25-28 (cf. Mark 10:42-45). Those with this gift do not seek recognition or a position in the “spotlight,” they just love to help out. They are content with serving in the background knowing that their contribution will bless the church, display the love of Christ to the world, and bring glory to God. See also Romans 12:7, 1 Corinthians 12:4-7, 28, Acts 20:35, 2 Timothy 4:11, Revelation 2:19.

Teaching

The Holy Spirit gives certain people the spiritual gift of teaching so that they would help the church fulfill her ministry as “a pillar and buttress of the truth” (1 Timothy 3:15). Without this gift, the church would quickly fall into error and sin. Teachers are there to make sure that doesn’t happen. They hate when Scripture is abused and used out of context or with bad motivations. They love the truth and speak the truth in love. They will never hide or withhold it. On the contrary, they desire to follow in the footsteps of Jesus who taught in the synagogues and in the Temple, as well as anywhere people were gathered. They are called to demonstrate God’s love while revealing His truth to the world without fear. The effect of their ministry is the upholding of God’s Word for the growth and maturity of the church until the day of His return. See also Ephesians 4:11, 1 Corinthians 12:28, Romans 12:7, James 3:1.

Spiritual Gifts continued...

Tongues

(This is one definition of this Gift; churches in history have had different understanding of this gift)

The spiritual gift of tongues is more accurately called the “gift of languages.” The Greek word for tongues is ‘glossa,’ which literally means “tongue.” When addressing the subject of gifts in the New Testament, it carries the contextual meaning of “languages.” Speaking in tongues is the sharing of a prayer or a message glorifying God, typically spoken to God (1 Corinthians 14:2), in a language that is unknown to the discouraged. That said, it should be used properly with pure motives and intentions, in the power and prompting of the Holy Spirit. See also 1 Corinthians 12:10, 30, 14:4, 39, Acts 2:4, Acts 19:6.

Wisdom

The Holy Spirit gives some the spiritual gift of wisdom to not only impart the truth and understanding to believers, but to invoke a response of holiness and worship lived out in the world and amongst God’s people. Wisdom doesn’t end with knowledge, but is expressed in transformed hearts and lives. Those with the gift of wisdom have a deep understanding of the holiness of God and the lack of holiness in their own hearts. They can recognize this in others as well and have the compassion and boldness to share that truth with them. They are able to take from their own life experiences and share what God has taught them through those things. They can easily recognize where a decision or action may lead and can warn against those that may be harmful or unfruitful. They can often see through the confusion of a situation and can give direction that would help an individual or group obtain a God-glorifying goal. The church needs those with the spiritual gift of wisdom to guide her through uncertain or difficult times. See also 1 Corinthians 1:17-31, 2:1-16, 12:8, Colossians 1:9-10, 2:1-3, James 3:13-18.

Recognizing Child Abuse

Let's keep an eye on your little brothers/sisters (as well as children in your community) for signs of abuse. For each type of child abuse/neglect, we've listed potential warning signs of abuse: physical indicators of the child, behavioral indicators of the child, and behavioral indicators of the caretaker. Read the signs of abuse listed below to know what to look out for:

Recognizing Physical Child Abuse

1. Physical indicators
 - a. Unexplained bruises, burns, fractures
 - b. Dental or head injuries
2. Behavioral indicators of the child
 - a. Verbally reports abuse
 - b. Too eager to please
 - c. Depression, low self-esteem
 - d. Seems frightened of parents; protests or cries when time to leave
3. Behavioral indicators of caretaker
 - a. Harsh disciplinarian
 - b. Constantly describes child negatively
 - c. Defensive
 - d. Offers conflicting, unconvincing, or no explanation for child's injury
 - e. Has a history of abuse as a child

Recognizing Child Neglect

1. Physical indicators
 - a. Dirty, smelly, torn, or inappropriate clothing for the weather
 - b. Frequently absent from school
2. Behavioral indicators of the child
 - a. Dull, listless
 - b. Begging or stealing food
 - c. Constant fatigue
 - d. Inappropriate seeking of affection
 - e. Lacks needed medical or dental care, immunizations, or glasses
 - f. Abuses alcohol or other drugs
 - g. States there is no one home to provide care
3. Behavioral indicators of caretaker
 - a. Substance abuser
 - b. Chaotic lifestyle
 - c. Apathetic toward child
 - d. Expects too much of child
 - e. Behaves irrationally or in a bizarre manner

Child Abuse continued...

Recognizing Sexual Child Abuse

1. Physical indicators
 - a. Difficulty/pain in walking or sitting
 - b. Torn or stained clothing
2. Behavioral indicators of the child
 - a. Anxiety, irritability, or constant inattentiveness
 - b. Sleep disorders (e.g., nightmares, bedwetting)
 - c. Abrupt change in behavior
 - d. Excessive clinging to others, or fear of being left alone
 - e. Suddenly refuses to participate in physical activities
 - f. Sudden change in appetite
 - g. Demonstrates bizarre, sophisticated, or unusual sexual knowledge or behavior
 - h. Becomes pregnant or contracts a disease

Learning Styles Quiz

Learning Style Quiz

Read the following questions and circle the letter of the best answer in your opinion. There are no right or wrong answers to this quiz. Just circle what you usually prefer.

1. When learning how to use my computer, I prefer to:
 - A. Read the manual first
 - B. Have someone explain how to do it first
 - C. Just start using the computer and get help if I need it
2. When getting directions to a new location, it is easier to:
 - A. Look at a map
 - B. Have someone tell me how to get there
 - C. Follow someone or have them take me there
3. To remember a phone number, I:
 - A. Look at the number and dial it several times
 - B. Repeat it silently or out loud to myself several times
 - C. Remember the number by the pattern pressed on the keypad, the tones of each number or by writing it down
4. For relaxation, I prefer to:
 - A. Read a book or magazine
 - B. Listen to or play music
 - C. Go for a walk or do something physical
5. I am better at:
 - A. Reading
 - B. Talking
 - C. Physical activities
6. In school, I learn best by:
 - A. Reading
 - B. Listening
 - C. Hands-on activities
7. I am often a:
 - A. Thinker
 - B. Talker
 - C. Doer
8. When I study for a test, it works best when I:
 - A. Read and picture the information in my head
 - B. Read and say the ideas out loud or silently
 - C. Highlight, write notes and outlines
9. It is easier for me to remember:
 - A. Faces
 - B. Names
 - C. Events

Learning Styles Quiz continued...

10. On the weekend, I prefer to:
 - A. Watch TV
 - B. Listen to music
 - C. Play sports or be outside
11. In a college class, it is most important to have:
 - A. A good textbook with pictures, graphs and diagrams
 - B. A good teacher who has interesting lectures
 - C. Hands-on activities
12. It is easier to study by:
 - A. Reading and reviewing the material
 - B. Discussing the subject with others
 - C. Writing notes or outlines
13. When I get lost, I prefer to:
 - A. Look at the map
 - B. Call or ask for directions
 - C. Drive around the area until I recognize familiar landmarks
14. When assembling a new toy or piece of furniture, I usually:
 - A. Read the instructions first
 - B. Talk myself through each step
 - C. Start putting it together and read the directions if I get stuck
15. When solving a problem, it is more useful to:
 - A. Read the best book on the topic, or search online for answers
 - B. Talk over the options with a trusted friend
 - C. Do something about it
16. Which statement do you like the best:
 - A. One picture is equal to a thousand words
 - B. Talk to me and I can understand.
 - C. Just do it.
17. When I was a child, my mother said I:
 - A. Spent a lot of time reading or drawing
 - B. Had lots of friends and was always talking to someone (on the phone)
 - C. Was always taking things apart to see how they worked

Score Your Quiz

Visual Learners (See) _____

Count your number of A's above

Auditory Learners(Listen) _____

Count your number of B's above

Kinesthetic Learners(Do) _____

Count your number of C's above

My Learning Style(s) (the highest number): _____

** From CollegeScope/College and Career Success by Dr. Marsha Fralick (with some adaptations)*

Final Exam

Circle True or False

- | | | |
|---|------|-------|
| 1. In order to grow as servant leaders, we have to practice our serving skills and train our servant hearts. | True | False |
| 2. God empowers some people with Spiritual Gifts that they can use to equip one another to better represent Christ in His Kingdom and beyond. | True | False |
| 3. Encouragement is positive feedback that focuses primarily on effort, improvement, and attitude, rather than outcomes. | True | False |
| 4. We can protect our children from the cycle of violence by practicing forgiveness and building peace. | True | False |
| 5. Instead of judging people by the group they are part of, we need to learn to accept them as individuals, created by God. | True | False |
| 6. As a 'light' in your family, you cannot respect your family values and follow Jesus at the same time. | True | False |
| 7. The best solution to the problems your community faces comes from those who live outside the community. | True | False |
| 8. The auditory learning style is the best learning style. | True | False |
| 9. If your little brother/sister doesn't become an Alongsider, you didn't do a good job over the last 3 years. | True | False |

10. What 3 activities did you do regularly together with your little brother or sister this year?

11. Name 3 areas your little brother or sister improved, developed or grew this year?

12. Name 3 areas you improved, developed or grew as an Alongsider this year?

Final Exam continued...

13. What parts of your relationship with your little brother or sister were easy this year and why?

14. What parts of your relationship with your little brother or sister were difficult and why?

15. What could you have done differently this year to make the relationship stronger?

16. How do you plan to keep investing in the life of your LBS?

17. List 3 things that you have learned from using the Workbook this year.

18. Look back at the goals you made in the beginning. Have you achieved them?
If not, why not?

Goal #1 _____

Goal #2 _____

Goal #3 _____

How can I get a degree?

The Global University of Lifelong Learning (GULL) in United States of America (USA) is partnering with Alongsiders International to offer a professional bachelor degree for all Alongsiders who successfully complete Years 3. GULL is an officially recognised educational institution, endorsed by the governments of multiple countries. A degree from GULL reflects your hard work as an Alongsider and may help you in applying for jobs in the future.



YEAR 1: CERTIFICATE OF ACHIEVEMENT

To receive the **Certificate of Achievement** at the end of Year 1 you must complete the following tasks:

1. Visit your little brother or sister a minimum of 3 to 4 times a month throughout the year.
2. Complete all parts of this *Discipleship Training Manual*.
3. Pass the Final Exam (See Appendix 2).
4. Receive a recommendation from your Group Leader.

Note: There is no cost for the certificate in Year 1.

YEAR 2: ALONGSIDERS INTERNATIONAL DIPLOMA

To receive the **Alongsiders International Diploma** at the end of Year 2, you must complete the tasks listed above for a second year. *There is no cost for the Diploma in Year 2.*

YEAR 3: BACHELOR OF SOCIAL WORK DEGREE

To receive a **Bachelor's Degree of Professional Studies (B.Prof)** from GULL at the end of Year 3, you must complete the tasks listed above for a third year. The cost for graduation with the Bachelor Degree is \$25 in your local currency.

