

It's **not enough to plan** for what you want to deliver.

Most teams break under

PRESSURE

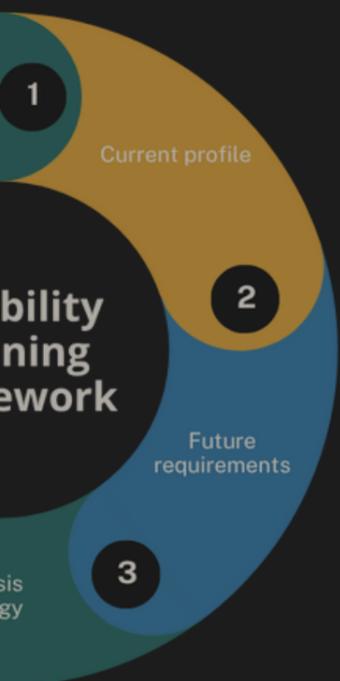
they weren't ready for.



Not sure if you're 'fit-for-pressure'?

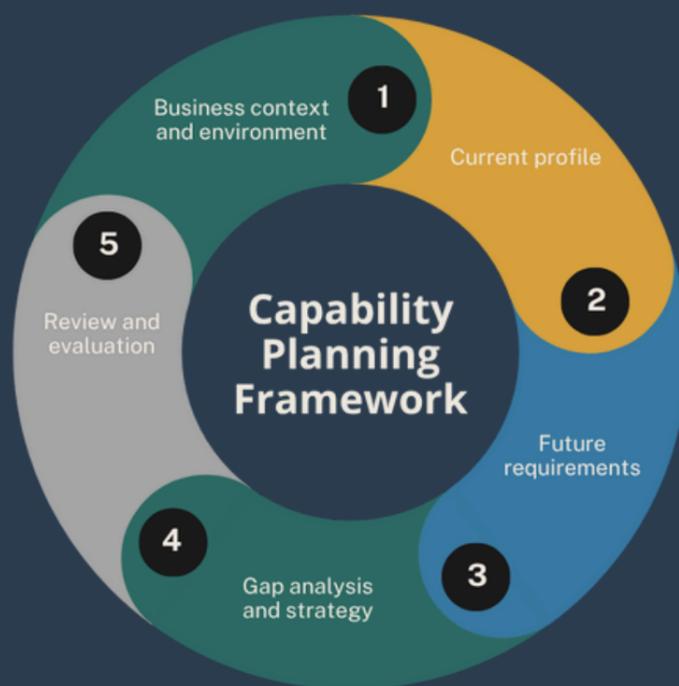
You might be seeing:

- **Unclear** signals when things shift
- **Bottlenecks** in BAU
- **Strain** when systems are pushed
- **Culture cracks** under load
- **Slow** response when change hits



Like muscles, capability can get stronger under pressure - but only if it's been trained.

Pressure → Growth
Conditioning → Resilience



This isn't about being perfect. It's about

BEING READY



Step 1: Business Context & Environment

What's shaping your world right now?
Policy changes? AI disruption? Economic shifts? Climate pressure?

Capability planning starts with your **pressure map and a vision** of where you want to go.



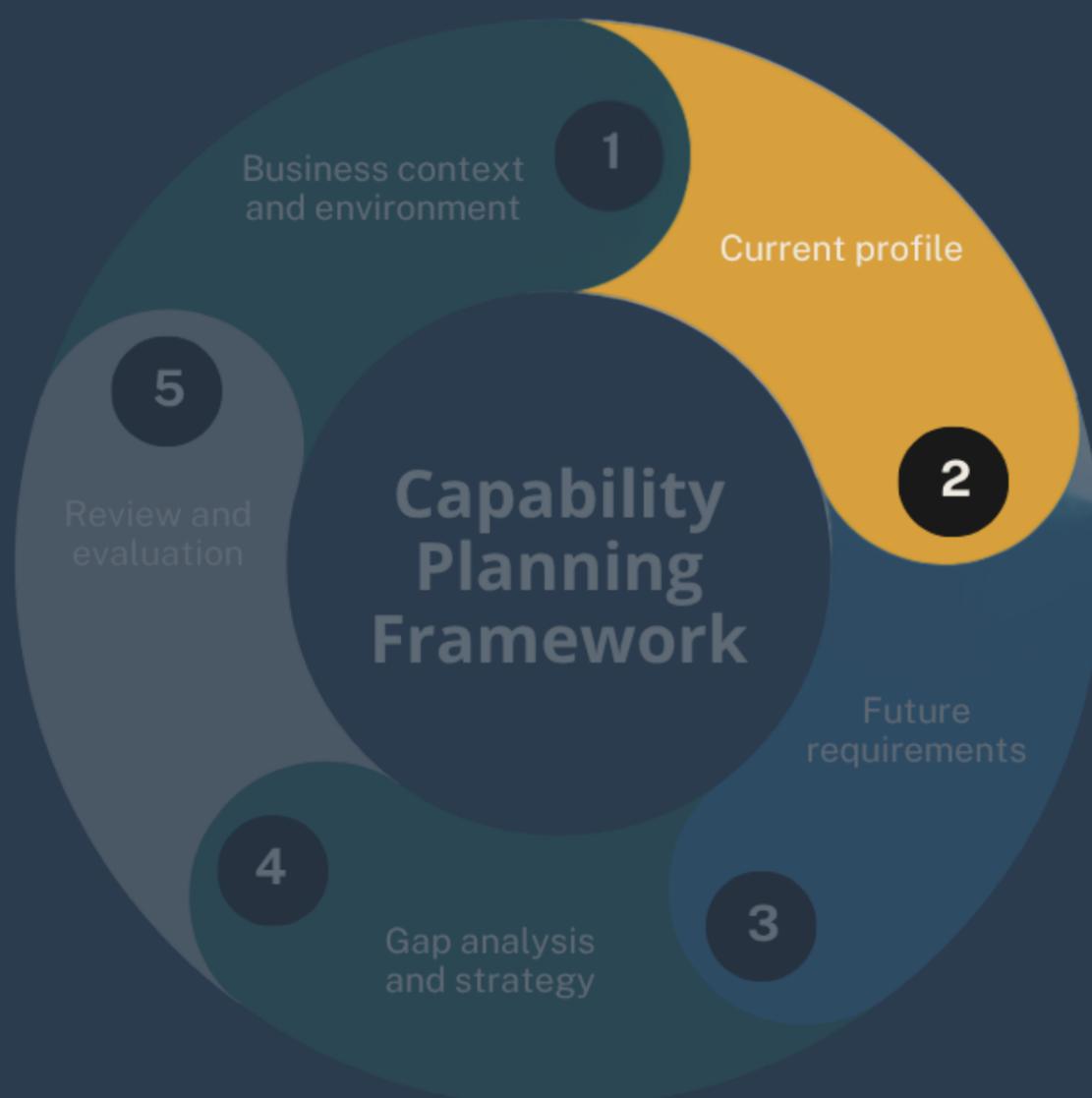
Step 2: Current Profile

Do you know your real starting point?

This is where we see:

- **Fatigue** behind the scenes
- **Bottlenecks** hidden in BAU
- **Untapped talent** you're overlooking

This is where you need to start, and get honest.



Step 3: Future Requirements

What capability do you actually need?
Not to survive, but to thrive? Think wide:

- Skills & **adaptability**
- Cultural **responsiveness**
- Digital **agility**
- Community **trust**
- Leadership **depth**



Step 4 & 5: Gap Strategy + Review

Plug the gaps and make sure you don't stay static. Build a plan that grows with you and one you revisit often.

Treat capability as a living system.



PRESSURE

is part of the game
now.

And resilience is something you build.



If you're heading toward
change or disruption
this framework can help you
build a capability that is ready.

Reach out if you're mapping next
steps, figuring out where to start, or
keen to see the system.

I'd be glad to share.

