daily + weekly routines

Wake up	**Use toilet**	**Brush teeth**	**Brush hair**
Make bed	**Eat breakfast**	**Get dressed**	**Pack lunch**
Pack backpack	**Medicine**	**Vitamins**	**Jacket**
Put on shoes	**Water bottle**	**Bottle**	**Daycare**
Diaper change	**Playtime**	**Quiet time**	**TV time**

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Use tablet	**Play outside**	**Art**	**Nap**
Play with sibling	**Snack**	**Snack**	**Snack**
Wash hands	**Empty bag**	**Hang up coat**	**Homework**
Put away toys	**Sensory play**	**School**	**School**
School	**School**	**School**	**Eat dinner**

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Drink water	**Wash face**	**Shower**	**Bath**
Lotion	**Pajamas**	**Brush teeth**	**Bedtime story**
Read books	**Use toilet**	**Lullabies**	**Say prayers**
Scriptures	**Turn off lights**	**Hugs and kisses**	**Goodnight**
Library	**Gym shoes**	**Early out**	**Late start**

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Church	**Stroller ride**	**Go on a walk**	**Playground**
Errands	**Outing**	**Out to eat**	**Playdate**
Family time	**Game night**	**Bake**	**Movie night**
Grocery store	**Free play**	**Skills practice**	**Morning routine**
Bedtime routine			
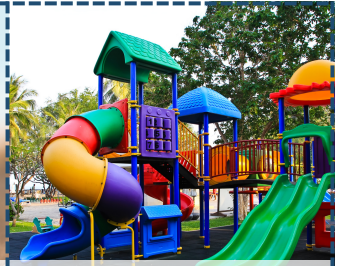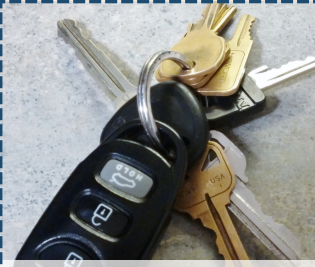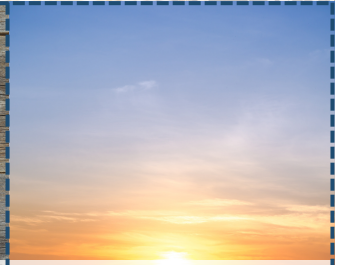
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